The former Monday afternoon clinic is discontinued and replaced by a morning session 9–11.45 am, and an evening session, 3–6.45 pm. It is just great, Dr Peter Davies told us, the increasing number of local enrolments has allowed us to engage Dr Bronwyn Graham to take the Monday morning clinic and be on call for us. In addition we now have Dr Ali Douglas also on call when needed. We are so grateful for the ongoing support from this community which has allowed this expansion.

Actually, Pete, the community are also very grateful for the service you and your team provide for us – and we can’t wait to meet the new doctor… so we did.

Bronwyn Graham, husband Nathan and their two children moved into their Diamond Harbour home about six months ago. For Zara (12) and Joel (10), in particular, adjusting to things here is quite a challenge - almost everything is very different to the place they have called home for almost all of their young lives. But I digress.

Somewhat unexpectedly they soon found themselves establishing a new ORA base in Afghanistan, near Kabul. There Bronwyn worked in a clinic in a semi-rural village on the edge of Kabul, educating the clinic staff in how to better care for their patients. They stayed there for five years, apart from a trip back to New Zealand to ensure a smooth arrival into the world for baby Joel.

In 2008 they transferred to another NGO, HAGAR, where Bronwyn was eventually appointed Country Director. Taking on board HAGAR’s motto, we do whatever it takes for as long as it takes to restore a broken life, the innovative couple identified areas of need and set about providing facilities for these. Eventually four separate sub-sections were established;

- accommodation, counselling and medical care for women and their children who had suffered abuse;
- the same for young boys who had been victims of trafficking, often after being sent by their desperate families, alone at about age 10 to find work in the city;
- a unit empowering women to join the legitimate workforce – in Afghanistan only 13% of women work, and apart from the very few who are highly educated, almost all of these are employed in family farms or businesses; and
- an education unit to educate government officials, police and border police etc in identifying human trafficking which is generally not differentiated from the concept of smuggling and for which such officials have had no special training.

But the innovation didn’t stop there. Recognising that the cost of gas for cooking was an inordinate portion of a poor family’s income, Nathan investigated an alternative and built a solar stove to capitalise on the very high levels of sunshine hours in that part of the world. The stove consists of a solar panel similar in appearance to our TV satellite dishes, which concentrates the reflected sunshine into the centre of the dish where a small stand supports the cooking utensil. In a demonstration video, pieces of wood and cardboard placed on the stand bursts into flame within seconds, and a kettle of water boils in minutes. Nathan established a small factory to produce the stoves and in a separate and controlled area women and their children who had suffered abuse, often after being sent by their desperate families, alone at about age 10 to find work in the city;

Bronwyn was born in England to Australian parents who later moved to New Zealand. When she first entered medical school in Otago, Bronwyn’s resolve was to work with poor people overseas. Africa beckoned until, as part of her final year at university, she spent three months in Pakistan where some of her work was with refugees from nearby Afghanistan. Bronwyn witnessed so much need there and recognised the potential for her to help.

She then continued her training, completing postgraduate diplomas in Paediatrics and Obstetrics and Gynaecology and working at Christchurch and later Taranaki Base Hospitals.

In 1996, she married Nathan an electrical engineer originally from Kaikoura. When the couple visited Pakistan in 1999, Nathan was also smitten, so when the opportunity came in 2003, they – and baby Zara - accepted a position in there with a non-governmental organisation Orphans Refugees and Aid (ORA international) which worked with Afghans both in Pakistan and Afghanistan.

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They are frequently overwhelmed to realise that the money is really theirs and they can spend it any way they choose.

In another project, Nathan has devised mini-laboratories in which to produce mushroom spawn. Growing mushrooms for sale is a common form of income for many poorer families but the need to import the spawn means the profit margins are minimal. Hopefully the mini-labs which can be set up in homes will address this.

Rather than living in a heavily protected international compound, the family chose to live among the people of Kabul, to get to know their Afghani neighbours at a personal level and to learn to speak Pashto, which is the language of the Taleban.

After 10 years however, Bronwyn and Nathan realised that their children needed to experience life beyond the confines of the very conservative culture in Kabul and to learn about the very different customs and opportunities of the modern western world, so they returned to Christchurch last year.

As well as conducting Monday morning clinics at our surgery, Bronwyn will continue working part time with children and young people in foster care through the Gateway programme in the Paediatric Department of Christchurch Hospital and help out at the Linwood Medical Centre as well. Nathan is currently working full time renovating their Purau Ave home — and probably dreaming up some other innovative challenge for himself at the same time. And the kids, well, they are enjoying exploring new freedoms at Diamond Harbour School and beyond.

We have no plans to go back to Afghanistan although we still have ties there. At present our children come after they have grown up and established themselves... but we are not even thinking of that now.

Elaine

Diamond Harbour Medical Centre
2c Waipapa Ave Phone 329 4402 Fax 329 3302

Email nurse@diamondmed.co.nz for repeat prescriptions (48hrs notice needed)
Email reception@diamondmed.co.nz for all other enquiries and Internet banking details

Doctors: Peter Davies Charlotte Clifton
Bronwyn Graham

Nurses: Nicky Anna Petria

Reception/Admin: Jan Hogbin

Updated Hours

New: Monday mornings with Dr Bronwyn Graham

Monday 9am to 12noon Dr Bronwyn Graham
3pm to 6.45pm Dr Peter Davies
Tuesday 9am to 12noon Dr Charlotte Clifton
4pm to 7pm Dr Charlotte Clifton
Wednesday 8.15am to 11.45am Dr Peter Davies
Thursday 9am to 12noon Dr Charlotte Clifton
Friday 8.15am to 11.45am Dr Peter Davies

New Patients Welcome

Flu shots available now — please ring for an appointment

Through Relay for Life we celebrate the lives of cancer survivors and caregivers, remember loved ones we have lost, and empower people and communities to fight back against cancer.

At Relay teams of ten or more camp overnight and take part in a walk/run relay while enjoying a family-friendly atmosphere with entertainment, prizes and lots of fun. The event starts with a lap of honour by cancer survivors and caregivers followed by individual teams. There was a candlelight ceremony in the evening to remember those we have lost, the candles light the path throughout the night, and a closing ceremony on Sunday morning to capture the sense of unity among all Relay participants and supporters. Teams dress up mainly in themed clothing and decorate tents and buntings accordingly.

Relay is run up and down New Zealand over the coming months. Riccarton High School hosted the Christchurch Event which took place last weekend. Diamond Harbour entered a team of 17 willing participants called The Diamond Harbour Pirates. Participants aged from 40 to 82 years of age undertook the walk.

Diamond Harbour Pirates won the Best dressed camp site. We completed 18 hours of walking and raised $1600; the weekend event raised over $60,000. We would like to thank all those who supported us with financial donations, buying our baking and sausage sizzles. Your support was much appreciated.

Well done Diamond Harbour Pirates, a great effort and sore feet! Di Howard

Diamond Harbour Pirates – Relay for Life

Relay for Life was held today at Riccarton over there
Survivors welcomed, open the walking
Round the circuit to a hearty cheer
Following along the teams set off
Thirty-eight in all took part
Diamond Harbour Pirates stole the show
Dressed to kill with cutlasses sharp
Their base looked great decorated full on
Bunting, balloons, red and black
Treasure box, cannon, even a parrot
Pirate talk a plenty they walked the track
What a great bunch of pirates they are
Raising funds for this charity today
Eighteen hours walked, this local team
Well done you ol’ salties, top effort we say

Di Howard
Everyone was there for the big occasion.

Paula and Andrew from the City Council got things started, then Isaac told us how it all came about...

Emma and I were swimming at the beach last summer and when it’s wet, long hair can be a bit of a nuisance. We joked about shaving it off. Later when we heard about Shave for a Cure it seemed like a really good opportunity to help sufferers of leukaemia and blood cancers—we all know someone who has been hit by cancer—so we decided to do it.

The pair both work at Godley Cafe, so Michelle was pleased to provide the venue.

Sharon, a hairdresser, began by tying Emma’s hair into long braids before cutting them off. They are to be made into a wig to be worn and no doubt much appreciated by a young chemo recipient somewhere.

After a few tips from Sharon, fellow Godley employee, Katie bravely took to Isaac’s mop with the clippers, but it took quite a while before we could really see the effect of her efforts! Impressive though the mass of auburn curls were, they were of little use and simply fell to the floor at the feet of a spectator who, judging by his choice of footwear, must Surely have known what was to happen! A fi nal bit of smoothing out by Sharon and the job was done—

Hmm, it definitely does feel a bit different, doesn’t it?

Isaac was pretty laid back about his new hairstyle. It will be back to looking normal in a couple of months, he reckoned.

For Emma who can not remember ever having short hair the change was more dramatic. I can’t feel it when I move my head! It’s weird!

Sharon calculates that it would take four to five years for Emma to regain the same length of hair. But short hair suits her so maybe she’ll decide to keep it that way, Sharon suggested.

Of course both lots of parents were on hand to offer support as well as both of Isaac’s proud grandmothers.

Their boss was pretty impressed too. And so was everyone else.

Elaine

Together we have raised $4385. This is more than double our initial fundraising goal and certainly more than we could have hoped for, so a BIG THANK YOU to the Diamond Harbour community, our friends and family for your overwhelming support. A special thanks to Michelle for hosting the event and to Paula Smith and Andrew Turner for coming. We would also like to thank Sharon for giving us our new dos, which we are both surprisingly really enjoying. The event night was a huge success and we really appreciate everyone coming down and supporting us. It was great fun and we loved having you all there.

Emma Veltman and Isaac Fowler
Tyler Brooker (left) is Diamond Harbour's Own National Downhill Mountain Bike Champion

Downhill mountain biking is definitely not for the faint hearted! It basically involves getting from the top to the bottom of a track as fast as you can possibly go. The sport has become increasingly popular, and over recent years has continued to grow, attracting all kinds of riders from junior’s right through to masters, female and male. Recently Tyler won the New Zealand Senior Men’s Downhill Title at the National Championships held at Rotorua’s Whaka Forest. The previous week he claimed top podium position in the Open Mens section of the NZ MTB Cup held in Auckland. Tyler’s recent success has enabled him to be able to compete in the high profile Elite Riders Section. Last weekend Tyler competed in the Oceania held at Mt Hutt, finishing a creditable 12th in the Elite Mens Section. Because of the conditions the track was pretty muddy and gnarly, it made for some interesting racing. It was heaps of fun and I was pretty stoked with my placing.

Tyler starting riding at the age of 11, when he was still attending Diamond Harbour School. He went on to ride competitively in 2010 at the age of 17, competing in the Gravity Canterbury Series at Victoria Park. Now, at 20, his goal is to travel and compete on the International Circuit as an Elite Rider. Tyler spent time in Canada last year gaining experience racing downhill in Whistler. Tyler is now building for a big season with hopes to travel to UCI MTB World Cup Events including returning to Canada to compete in the Crankworx Whistler event which attracts the world’s best downhill, slopestyle and enduro legends. He hopes to travel on to the UCI (Union Cycliste Internationale) European tour next year depending on securing financial sponsorship. When he’s not pedalling or riding downhill, his other passion on two wheels is dirt jump tricks, with backflip and many other tricks to his CV... and when he’s not on his bike having fun he works as a bike mechanic for The Hub in Tower Junction. See Tyler in action in the Lyttelton Urban Downhill in November (date yet to be announced).

Two More Local Lads Making their Mark . . .

A Downhill Mountain Biking Champion

Simon Derwahl, 17, is Head Boy of Catholic Cathedral College for 2014. Simon has been living with his family in Diamond Harbour since the beginning of October last year after moving from Governors Bay. Originally from Cologne, Germany, Simon’s skills are not only in leadership. He is also a musician who loves to play guitar - electric, acoustic, bass... if it’s guitar, Simon plays it.

Thankyou to everyone who generously gave and came along and supported Emma Veltman and Isaac Fowler for their Shave for a Cure fundraiser. Together they raised $4160.70 – a fantastic effort! Thanks also to Councillor Andrew Turner for making time to come over to the event, Paula Smith for officiating and Sharon Screen for leading the way with the clippers and scissors! We were then treated to the awesome sounds of The Rice Paddies – a great night all round.

Sunday April 13 is Liz & Katie’s last shift at the café before they venture off on their OE! Pop in from 2-4 to have a drink with them and wish them bon voyage! We will be closing the café at 4.30pm that Sunday for a staff farewell party.

Hope to see you at Godley Café

The team at Godley Cafe

New Opening Hours

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The Law of Attraction

This month I’d like to share with you my ideas on The Law of Attraction. Anyone who has seen or read ‘The Secret’ will know about The Law of Attraction. The Law of Attraction is based around the idea that everything in the universe is made of energy including us, our thoughts and our ideas.

According to the theory, our thoughts go out into the universe as energy and the universe responds to that energy in kind, meaning that if we think positive thoughts, we attract positive things into our life, and if we think negative thoughts, we attract negative things into our lives. Therefore if we want good things in our lives, all we need to do is think about those things a lot and the universe will provide.

If the Law of Attraction is correct, that means that everything that’s happened to you recently is something you have attracted into your life. That includes the nice things like the beautiful compliment someone paid you, and the lovely meal your friend made you, but also the not so nice things like the grumpy person at the supermarket and the red light on the way to an appointment.

I believe the Law of Attraction is about the energy we put out into the world, but that it is not necessarily the universe that provides, but other people. We are constantly putting things out into the world which are detected by others in the form of words, gestures, facial expressions and actions. People respond to those, often at an unconscious level, and usually in a way that reflects back what they are receiving. Thus positivity is met with positivity, negativity is met with negativity, and we attract what we put out into the world.

I also think the Law of Attraction has limitations. Thoughts alone are not enough to manifest something unless they are paired with action. Sitting back and imagining your dream house is very pleasant, but without earning money to pay for it and actively hunting for your dream house, it will not become a reality. It is therefore important that as well as putting that thought out into the world you take the action necessary to support it. It is also important to consider how you are phrasing what you want. We attract what we focus on in the world. For example, if one person’s focus is on financial freedom while another’s is on not being broke all the time, the focus for each of these people is on the complete opposite ends of the spectrum, and the end of the spectrum they are focusing on is what they will tend to attract.

The Law of Attraction is an interesting concept, and one that has a lot of validity to it. What’s important for us to know is how we can adjust our thinking and actions in order to really make the Law of Attraction work well for us. So think about what you want, take the actions necessary to support it, and live in a way that is congruent with those goals. That way, you maximise your chances of attracting what it is you want in your life.

Robyn Woodham
BA (Hons) Psychology, NLP Master Practitioner
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Almora Unlimited – Dellaina and Ihaia Hascha

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Greetings to you - Haere Mai. We warmly welcome you to our sanctuary in Diamond Harbour, where we have recently relocated to from Christchurch.
IHAIA: Ko Ngai Tahu te iwi, No Horomaka/Otautahi ahau. Ihaia comes from Banks Peninsula Christchurch, and is trained in Tikanga (cultural/spiritual) counselling, Facilitator/trainer, groups and men’s support group. I am passionate about people’s well being, and spiritual growth. He Taha Wairua, Taha Hinengaro, Taha Tinana, Taha Whanau. (Spirit, mind, body and family)
DELLAINA: Comes from a small island off the coast of France (Jersey) and have been in New Zealand since 1994. Teacher and trainer of varies courses in Metaphysics, meditation, Channel for spirit, Visionary therapist, well being counsellor, past life therapist and Contributing author in the best selling “Adventures In Manifesting series.”
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COMPUTER HELPDESK

The XPocalypse is Nigh...
From the Microsoft website: After April 8 2014, Microsoft will no longer provide security updates... [which] patch vulnerabilities that may be exploited by malware and help keep users and their data safer. PCs running Windows XP after April 8, 2014, should not be considered to be protected.

Microsoft are hoping that by terminating support for Windows XP, users will rush out and buy new computers running their highly unpopular Windows 8. However, there are alternatives. It is still possible to find new computers running Windows 7 (look on TradeMe, pricespy.co.nz or Google for it); or you could get a Windows 7 PC built to your requirements for around $700 and upwards.

The big retailers only have Windows 8 computers – if you do end up buying one and, like so many others, find its New UI (user interface) and schizophrenic disposition driving you crazy, there are a number of tricks and addons which can make it stay on the Desktop, display a Start Menu and behave more or less like earlier versions of Windows (XP, Vista and 7).

If your XP machine is reasonably new and high spec it may be possible to upgrade it and install Windows 7 (which costs around $150). You might need to spend another $20-30 adding more memory. Or you could replace it with a used Windows 7 laptop or PC (for around $300 to $400). If money is no object you might even decide to switch to an Apple.

But there is another option – which is completely free: Install Linux on your old XP computer. Although Linux is free open source software, it comes with an impressive pedigree. It is derived from Unix which has been around far longer than Windows and has become the platform of preference for large scale business/government systems, particularly databases. The internet runs largely on Linux/Unix servers, as does almost every supercomputer in the world. In fact, more devices run Linux/Unix than Windows! Google's Android which can be found on over a billion smart phones and tablets is built on Linux as is Apple's OSX.

While it has been available on personal computers for many years, Linux has been largely locked out because computer manufacturers have given Microsoft a virtual monopoly on the desktop/laptop by pre-installing it on their products.

Linux is far less demanding of computer resources than Windows, and there are versions (such as Lubuntu) which will run very nicely on almost any old PC or laptop. You will need to learn a new user interface – although the learning curve is gentler than going from XP to the Windows 8 New UI – and it will look more familiar.

A lot of popular Windows software is also available on Linux: Chrome and Firefox web browsers, Thunderbird email, VLC media player, Skype, LibreOffice (Microsoft Office compatible), Adobe Reader, etc.

But a word of caution: Linux is not as user-friendly as Windows (or Apple) and requires a little more effort and technical skill to install and manage. Neither is it as well supported by hardware manufacturers so, for example, some printers/scanners may not work with Linux. But there is a huge upside (apart from cost): it is far less vulnerable to viruses/malware than Windows.

Ron

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Exciting News
By the time you read this we hope to be unconditional in our offer to purchase a new building for the Little River Veterinary Services on the main Christchurch Akaroa Rd near the Birdlings Flat turnoff. It has certainly been a long process, this is the first time since the earthquakes that we’ve bought real estate, and the difference between then and now is similar to the changes in flying before and after September 11! Suddenly there are a lot more hoops to jump through, and conditions to satisfy. Nevertheless the champagne is now chilling in the fridge!

As well as being 10km closer to the good folk of Diamond Harbour, we’ll double our floor space, and will have separate dog and cat wards, a dedicated prep area and separate sterile operating room. Our access and visibility will also be much improved, as those of you who’ve visited the clinic at our home will have experienced. Our dog, Laddie, and kune kune pig, Precious, will miss the action, but clients will no longer have to dodge the barking dog, or a pig determined to enter the building. You’ll no longer have to navigate the goat track of Breitmeyers Rd or our very steep driveway.

We’ll also have a lot more retail space, so we’ll be able to carry an even bigger range of pet foods and animal health products.

I will miss being able to get up a little later on quiet mornings, while still being able to answer the phone from home. Working from home was also convenient for monitoring patients, but I will still be able to bring home any animals that need intensive care overnight (as I used to do in Cape Town). With improvements in technology we are looking at installing a webcam that I can use to monitor patients remotely. In any case, the move can only be good for business. At this stage we’re looking to shift around the last week of May, and will be having an open day near the end of June, so this will be a good opportunity to come and look around, hopefully we’ll be fairly well settled in by then.

The other new venture we’ll be starting there is a cattery, something which the Peninsula doesn’t presently have. Heather has always been a cat person, and since we got married nearly 16 years ago, has brought me round to the delights of serving these delightful creatures (I don’t think you ever actually own a cat)! We’ve been looking around some of the Christchurch catteries to get ideas and a feel for what works (and what doesn’t). Once again, thanks for your support, and we hope to offer an even better service from the new premises.

Paul
RECIPE
MYO (Make Your Own) Yoghurt

Since moving to NZ in the 90’s, I could not understand why my attempts at home made yoghurt failed so badly. Recently I came across a blog on Mapua Country Trading Co website sharing their research. Of 28 different brands of milk, only 16 made yoghurt. A lot of processed milk Permeate added which prevents the yoghurt from setting.

To find out which milk works go here: http://blog.countrytrading.co.nz/2013/12/14/milk-to-make-yogurt-with

Ingredients
2l of milk (full cream for a creamy yoghurt)
2 tsp milk-powder (this is a foolproof thickener, but you can try without)
2 tbsp fresh, live natural yoghurt

Method
Heat the milk in a heavy, stainless-steel saucepan. When it is lukewarm stir in milk-powder, then heat up to 90°C (boiling point). Turn off the heat and leave until the mixture has cooled to around 40-42°C (takes an hour or two). This temp is important so use a thermometer if you have one.

At this point stir in the live yoghurt and then transfer into earthen bowl or insulating pot (or yoghurt maker). Wrap the entire bowl in a towel/wool blanket and keep it in a warm place, i.e. above hot water cylinder or near the fireplace. Let it stand for around 5 hours or over night. The longer the mixture is kept warm, the better the flavour. When the yoghurt has set, transfer to fridge where it should be good for up to 10 days.

If ever your yoghurt is too runny, place a thin gauze/cheesecloth in a colander and let the yoghurt drain in it overnight, it will have a nice thick consistency the next morning.

Use some of your fresh yoghurt to the your next lot. The taste will improve with every lot for around 4 times.

If you use fresh raw milk (we are spoiled to have this choice in our community) don’t forget to heat the milk up to 90°C! Enjoy.

Franziska

CHARACTER CROSSWORDS

Crossword Clues
Across
1   Bean counters? (11)
9   Greek letter (4)
10   Study of weather (11)
11   Probabilities (4)
12   Paua, for example (7)
15   Commences on 1st inst (3,4)
16   Examination (5)
17   Position (4)
18   Dupe (4)
19   Interlaced (5)
21   Sprinkle (7)
22   Reprimands (7)
24   Keen (4)
27   Lollies (11)
28   Team (4)
29   Celestial scientist (11)

Down
2   Angelic being (6)
3   Exposed (4)
4   Heavenly band (7)
5   Sickens (4)
6   The “Lytelton” for example (7)
7   That done by a seamstress (10)
8   Slow-cooked stews (10)
12   Help (10)
13   Sanctioned (10)
14   Currency (5)
15   Stopwatch (5)
19   Authors (7)
20   Nuclear particle (7)
23   Religious festival (6)
25   Box (4)
26   Thin layer (4)

March Solution

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• Digestive, circulatory and respiratory complaints
• Anxiety, stress, insomnia
• Food intolerances and more

Mark and Lou Warren

OPTIMUM ENGINEERING
• Structural Steel & Metalwork
• Farm and New Buildings
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• Certified Welding

Contact Tui Scott: 0276574483

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THE ECO GARDENER'S PATCH

A Peach by Any Other Name...
Black boy or Indian blood? It's black boy peach season on Banks Peninsula right now, and I am busy thinking up things to do with my surplus. They make a very good alternative to apricots in my apricot streusel torte recipe – you find it at www.christinedann.org/2012/01/offering-from-the-apricot-altar/ and I am going to try making a peach sauce as I missed out on making plum sauce this year.

I am also going to share with whoever is interested (and judging by the number of comments on my last Eco Gardener blog post on black boy peaches, a lot of Americans are) the new things I have found out about this unusual peach and how it has travelled around the world.

I am now pretty certain that it originated (or at least was widely grown) in southern Europe, and it was from there that it made its way to the rest of the world.

One American website says it came from Spain to Mexico in the 16th century; another that it came from France to Louisiana in the 17th century. Both websites agree that this dark-skinned, ruby-fleshed, freestone peach which comes true from seed was relished by the indigenous inhabitants, who by the time English settlers arrived in what are now the southern states of the USA had created orchards of the fruit. Hence it got the name Indian blood peach.

In the US, as in New Zealand, it seems to be largely a home-grown rather than a commercial fruit – and much appreciated by those in the know. How did it get to New Zealand? My guess is that it came with the early French missionaries and settlers who were keen on plants. For which we could all say, merci beaucoup!

Christine

BOOK REVIEW

A Travel Tale with a Difference
Jan Cole, a local writer and artist has let her imagination guide us along the coast from Cornwall before heading inland. Drifter will be our constant companion. Born from wild sea horses his curiosity leads him away from the sea and he reaches land metamorphosed into a driftwood horse. This is a book written for children and adults alike.

Drifter learns many lessons and draws many conclusions with the help of the different animal, human and spirit contacts he makes. When he started his voyage, he had no clear idea of what would develop; he was willing to listen and learn from the experience or mystical knowledge of those willing to share with him. It is only towards the end of his journey that he realised that his quest has a purpose. There was a goal to achieve and he was steadfast in performing what was expected of him. Our young Drifter loves fun and song and this makes for enjoyable entertainment. I could tell you much more but, doing so would spoil the pleasure awaiting you. Do buy the book; you will find it online in hard copy and as a Kindle ebook, from various sites.

Reviewed by Thérése
YOU CAN COME TOO — LOCAL EVENTS AND COMMUNITY ACTIVITIES

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Free Running Group
Sundays at 8am. Ph 329 4647 or mikecatton@mac.com

Diamond Harbour Historical Association
Next meeting:
Tuesday April 8
at 8pm in the Stage Room.
Edmund Bohan’s talk is entitled:
"Staggering towards self-government 1854-1861 – Stafford, Fitzgerald and the jealous provinces: almost a shambles. All welcome."
Jan Studholme

Diamond Harbour Camera Club
Next meeting
April 6 (if bad weather, April 13)
Another mini field trip in the Harbour Basin
Meet at Church Bay Store at 10.30am to car pool to Lyttelton.
Lunch in Lyttelton at about 1pm.
Robert Rouke

Our Library
Did you know that the Library has some new shelving?
As a result of this we have moved a few things around. Our DVDs are now on the other side of the shelves. This collection is constantly changing so you might just find something good that you haven’t seen before.
We are also have music CDs available to borrow. DVDs (issued for 1 week) and CDs (issued for 4 weeks) are $1 for single discs and $2 for sets.
There is also a new books display. Books are free to borrow. Everyone is welcome to come along any time we are open and membership is free.

Next Pre-School Storytime is on Thursday April 17 at 10am. All welcome.
Christine

ANZAC 2014
8.30am: ANZAC breakfast at 08:30 in the Diamond Harbour Church Hall for any current or past service personal and their family.
Please register as soon as possible with Don 329 4868 or Jean 329 4830.
We welcome all members of the community and friends to join us in the following:
10.30am: March from Chalfont Café to Memorial Hall.
11.00am: Service this year in the Memorial Hall, followed by the wreaths being laid at the flagpole at the memorial gardens and then a light lunch at the Bowling Club.
Jean & Don

Harbour Harvest Festival
Saturday April 5 from 3pm at Living Springs
Project Lyttelton collaborates with Living Springs Farm Park to bring the Harbour Harvest Festival to Whakaraupo. With a focus on environment, education and celebration, the Festival offers something for everyone. This event brings together children from schools and preschools in the Lyttelton Harbour to learn about and celebrate healthy food, healthy lifestyles and healthy environment. The wider community is welcomed to attend workshops, demonstrations, a twilight harvest market with music, bonfire and dancing into the night.
Program
3:00pm: Twilight market, kids’ activities, music, Gong Fu Cha tea journey
3:30pm: Storytime with the library mobile bus
4:00pm: Film "Our Green Roadie"
4:30pm: Local band "Rough Cut"
6:00pm: Line dancing in the wool shed with "Bantam of the Opera"
6:00pm: Children’s film
6:30pm: Poetry and stories around the bonfire
Lyttelton Poets
8:00pm: Barry Saunders (The Warratahs) in the wool shed
...and at various times: workshops in kombucha, sausage and bacon making, bread making, sauerkraut, harvest mandala.

REMINDER !
Don’t forget your Flu Vaccination !
Available Now at Diamond Harbour Medical Centre

Diamond Harbour Community Association AGM
Monday April 14 at 7.30pm
Stage Room
This is your chance to participate and help elect your committee
CCC counsellor Andrew Turner will speak on “Diamond Harbour in the City"
Bring your questions about our city renewal

Charteris Bay Ladies Golf
We are a friendly group of local peninsula ladies meeting every Wednesday at 9am.
We play in two groups: 18 hole players tee off at 9.30am followed at 11am by the 9 holers, enabling us to finish together for lunch and a chat.
Our program includes local and regional competitions, plus inter-club matches. Professional coaching can be arranged.
We would welcome anyone interested in joining us. Come and enjoy a morning of healthy exercise and fellowship, playing on our scenic C.B. Golf Course.
Please contact Sally Jacobs (Club Captain) 329 9048 or Annette Smale 329 4148.
Sally Jacobs

You can come too — Local Events and Community Activities
YOU CAN COME TOO — LOCAL EVENTS AND COMMUNITY ACTIVITIES

Woolfun Day at Bergli
Next Woolfun Day is Saturday April 12
Enjoy a relaxed day working with wool, with like-minded people in a small group, in a beautiful log house with wonderful views. Koha. Morning and afternoon tea provided. Bring your lunch, your woolcraft gear, and if felting, a table if possible.
Bergli B&B, 265 Charteris Bay Rd, Teddington. Ph 329 9118.
Rowena MacGill

Road Cycling Group
Meets weekly in Diamond Harbour. To join a ride contact Mike on 329 4647 or mikecatton@mac.com.

Student Design Exhibition
Diamond Harbour
Students in their fourth year of studies at Lincoln University’s School of Landscape Architecture are currently working on a (hypothetical) complex design project entitled, Diamond Harbour: designing a vibrant and resilient village centre.
Each student is preparing a Harbour-wide Strategic Plan, a Stoddart Point Master Plan, and a Village Life Plan of the Town Centre zone, including the former Codley House site.
This insightful and creative work will be displayed by the students in the Stage Room on Saturday May 10 from 9am to 2pm. All welcome!

Diamond Harbour Bridge Club
Bridge Lessons
We are fortunate to have available NZ’s top women’s rep, Jenny Wilkinson, to tutor beginners.
Easy commencement introduction level beginning Monday evening April 26.
Contact Diane on 329 4149 if you are interested.
Don Cameron

Come and join...

TOY LIBRARY
Open Saturdays
10 till 11am
DH Community Hall
We have an extensive range of toys to suit all ages and interests – from big outdoor toys (water and sand tables, forts, slides, bikes, trikes and scooters) to games, puzzles, dress-ups, musical toys, play-sets, prams, cars and trucks, toy kitchens and much more! We also have a large number of baby toys – Fisher-Price and Playskool items to activity gyms and Exersaucers.
The toys are all good quality; brand new toys are added regularly.
Membership is just $60 annually per family (grandparent membership is $30) and there is no additional cost to hire toys. You can hire a maximum of 6 toys per child and keep them up to 2 weeks.
The great thing about the Toy Library is that there is always something new to discover each visit!
Come down and see us on a Saturday morning and check out our fantastic range of quality toys for hire.
♦ Access to quality toys for a minimal annual fee
♦ Age appropriate toys always available
♦ An opportunity to meet other families in the community
♦ Hiring is a good environmental option, reducing land-fill waste

For more information please email dhtoylibrary@gmail.com

Fitness Boxing

WOULD YOU LIKE TO TRY FITNESS BOXING?
Try a FREE class, or arrange for a FREE private boxing session at Studio Red Fitness to see if you like it!

Thursdays, 7 - 7.45pm
Diamond Harb Community Hall
Call Dave Heath, Studio Red
03 3293061 02102741167

PURAU VALLEY PRODUCE FARMER'S MARKET

DIAMOND HARBOUR VILLAGE CENTRE

APRIL
5th & 19th
~ *~

MAY 3rd
17th & 31st

Every second Saturday morning from 9.30am - 12.30pm
purauproduce@gmail.com

No 177 April 2014
FROM THE WRITERS’ GROUP

The Tug Lyttelton

The Grand old Lady of the Harbour
A treasure from times long ago
Still plies her trade
In a quite different way
As gently she puffs to and fro

She once was quite bossy and pushy
Ordering the big ships about
Guiding them to port
With a puff and a snort
And a nudge of her tough little snout

But on Sunday we stood ‘neath her smoke-stack
As she hooted her leaving the dock
We were off for a while
With a wave and a smile
On a journey which would turn back the clock

The sailors - most retired seamen
Tended her with passion profound
She was polished and gleamed
And her sailors they beamed
Their enthusiasm shared all around

The commentary - it was just perfect
Told us facts we did not know before
But it didn’t intrude
The quiet interlude
Of the sun and the swish of sea-lore

Near the heads came the dolphins aplenty
Leading us out to the deep
Speeding for fun
Reflecting the sun
Enjoying the thrill of each leap

Then homewards we chugged up the harbour
Sad to be ending the sail
Why have I not been before?
I’m really not sure
I will again - I’m certain – without fail

So all you good folk of the harbour
Why don’t you do what I say
Go for a trip
On a wondrous old ship
You’ll love it and have a great day

Jan Cole
COMMUNITY NOTICES

First Aid Kits in Aid of School

Everyone needs a first aid kit, or two, so here is an opportunity to buy one and support the Diamond Harbour School at the same time. Buy your kit for $39 and the school receives $12 per sale.

A sample kit is available for viewing at the school office; the contents are listed here =>

If you would like to order a kit or want more information please email:

pta@diamondharbour.school.nz

or ring school on 329 4842.

Orders must be in by Thursday 17th April.

Sarah

Big Dig at the DH Medical Centre... Can You Help?

In November 1991 a large team of volunteers under the guidance of John Riminton, Ron Butler and local builders built the Diamond Harbour Medical Centre – in a single day! It was a tremendous achievement documented in a newspaper cutting which is framed in the waiting room. Twenty two years on, the storm water drainage needs to be replaced. This means digging a narrow trench from the rear of the building on the North side down the end of the building and out through the trees to the edge of the car parking area opposite the library. So we need another smaller, but nevertheless significant effort, from volunteers once again, to do this. We have a local drain layer who will do the clever work. What we need is muscles with narrow spades and grubbers.

We have decided upon Saturday morning April 12th at 9 am for the big dig. If you feel you could help, the Health Support Group would be most grateful. The more that turn up the quicker it will be finished.

Ross Fountain

Get in Quick for a Neat T-Shirt

As part of Playcentre's efforts to sponsor a penguin burrow on Quail Island we are now taking orders for Save the Penguin T-shirts, designed by a child from playcentre and screen-printed by Natasha Hawkins.

T-shirts cost $25 for kids, $35 for adults. The colour of your T-shirt may vary depending on the quantity you need. Email your order (size and quantity) to: diamondharbourpc@gmail.com or call Sarah on 329 3344 (after 3pm).

Sarah

Hi, my name is Emil Bryson

I'm 17 years old, in year 13 at Cashmere H.S.

I'm looking for jobs around Diamond Harbour.

I've had work experience in a kindergarten, a police station and on construction sites. My Maths knowledge should cover the first few years of your kid's school life and my gardening skills are acceptable. I'm an all-round talent, will try almost everything and do my best to meet your expectations.

Rates negotiable.

Please phone 329 4512

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Tree Surgery Hedge Cutting Garden Clearance

Dave Hammond

ND in Amenity Horticulture

Phone 329 4270

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Ph.3669 386 Fax.3660 565 Email: a1carriers@xtra.co.nz

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L-MH COMMUNITY BOARD UPDATE

News and views from Paula Smith, Chairperson, Lyttelton Mt Herbert Community Board.

Head to Head Walkway funding deferred

$314,000 budgeted in the coming financial year to enable significant progress to be made on the Head to Head Walkway has been deferred by Christchurch City Council in the draft Annual Plan 2014-2015 (see page 95). Knowing this project has broad community support Lyttelton Mt Herbert Community Board will be urging the Mayor and Councillors to reconsider and allow the project to go ahead in its submission to the Annual Plan. Any group or individual which supports the proposal for a 2 or 3 day coastal walking track around Lyttelton Harbour can also make a submission. Closing date for Annual Plan submissions is Tuesday 22 April.

Temporary Accommodation Permits (“TAPs”)

A number of businesses in Lyttelton and Diamond Harbour displaced from earthquake damaged buildings are operating under CERAct Temporary Accommodation Permits under the CERAct. The Board was advised letters will be sent to these businesses next year to remind them that their permits expire in April 2016 and urging them to plan ahead for the changes which will need to be made. Following this there is likely to be some publicity to support the transition back to business as usual.

Strengthening Communities Funding Bids

Local Anzac services, Community Service Awards, Neighbourhood Week and the Edible Garden Awards are some of the projects Lyttelton Mt Herbert Community Board will consider alongside all other applications from community groups for the $38,000 of “Strengthening Communities” funding. Applications to the fund close at the end of March, applications are evaluated by staff and the Board normally makes the decisions at our meeting in August.

Ka pai to ra, Pāua

D. H. COMMUNITY ASSOCIATION

DHCA Committee Meeting

Meeting held March 17. The AGM will be held on April 14 (see notice page 10). Andrew Turner will speak on the topic of Diamond Harbour in the City and financial issues of the rebuild as well as road safety. We invite people to forward questions for Andrew to us in advance.

New Secretary

We are delighted that Christine Turner has agreed to become our new Secretary. A big thank you to Joy McLeod for years of taking minutes and distributing them.

Hall Report

The hole in the floor of the men’s toilets has been repaired. 2 trees have fallen around the hall. Paula reminded us that we can call 941-8999 for Council help.

Community Board Report

A deputation from Black Cat Cruises will attend the Community Board meeting on Wednesday. Paul Milligan will speak about the need for public facilities and future plans for the port. Adrian will attend the Water Management session at the Banks Peninsula Zone Committee Meeting at the Port Levy Marae and also attend the Cera Meeting for Community Leaders. It has been proposed that there be 4 ten minute parking spaces allocated outside the bakery on Norwich Quay. Paula would like to hear from anyone that uses this space for parking from the ferry. Please email her at: famvanbeynen@snap.net.nz.

Post Cards

Paula suggested a printing of the Patriotic Gala photo to be made into postcards for the ANZAC 2015 Centenary event. They will be 50c to print and sold for $1 each. Pete Simpson gave a brief update on the proposed pump/BMX track at Orton Bradley Park. This will cost up to $2,000 and will be a good attraction for the Park. Some finance has been organised and additional funding approved. An Archaeological Assessment Report is to be presented to Council to recommend that we leave the older foundations of Godley House in place. This is a valuable town centre site and the question was asked if we need to engage with the community to see if this is what is wanted.

Karen

CHURCH BAY NEIGHBOURHOOD ASSN

The AGM was held on Sunday March 23 with the following elected for 2014: Ian Currie – President; Pat Pritchett – Secretary; Max Taylor - Treasurer. Committee: Stuart and Lynne England, Paul Pritchett, Linda Pascoe, Belinda Currie, Tracey Ower, John Shanks, Tom Kuening, Auditor: Richard Roberton.

22 members enjoyed a pot luck meal following the meeting.

Pat Pritchett

Geoff Brewer Systems

Diamond Harbour’s Technology Specialist

Got Computer Problems?

Call 0272807859 or (03) 3294083

I am a qualified electronics technician and Microsoft certified systems engineer working in the computer industry for 35 years, 20 of which on PC’s and networking.

One of my specialities is building custom PC’s and media servers.

But if you have ANY computer related problems or need free unbiased advice on what to buy give me a call.

Note I can also help with Apple technology ie Macs, Iphones, Laptops and Ipods.

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Diamond Harbour Herald - Established 1952 Page 14 No 177 April 2014
Diamond Harbour Volunteer Fire Brigade

Brigade Briefing

The Diamond Harbour Community Association runs the diamondharbour.info website and that website is connected to a weather station in Diamond Harbour. The weather station has been recording our weather, every 15 minutes since June 2012. March 2014 saw two new records. On the 5th and 6th a total of 139.4 mm of rain fell and 11 days later we recorded a wind speed of 103 km per hour. It is not surprising that our lives were shaken up a little with road closures, power cuts, flooding and property damage.

Diamond Harbour Volunteer Fire Brigade prides itself on remaining operational no matter what life throws our way. Following the earthquakes we ensured that the fire station can operate from a generator with the flick of a switch. We also have access to a wide range of tools and materials that enable us to make emergency repairs. We are all lucky to have some very skilled brigade members who know how to use those tools and materials.

In order for us to serve you we plan and train for many different emergency situations – from acute chest pains to falling chimneys. Emergency preparedness is something that every household in our area should be mindful of. The earthquakes acted as a wake-up call, but as the aftershocks become a memory, it is easy to forget that natural events can take many forms. Climate change is likely to increase the frequency of severe weather events. If you are well prepared, being confined to barracks with no electricity will be a little more comfortable – especially if it’s cold and dark!

For more information on how you can help yourself get ready for the next record-breaking day, contact Civil Defence.

Fire Fighter David Rice

Neighbourhood Support

To stay informed about Neighbourhood Security, Welfare and Emergency Information ensure your inclusion on our secure database

Membership is Free
for all residents and property owners on the southern side of Lyttelton Harbour

To ADD, UPDATE or REMOVE your details, to request a new group list, or for information or concerns

CONTACT: Elaine Bryson (Area co-ordinator) Email: dhnshq@gmail.com Phone: 329 4512
28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971
or
Ron Dubin (Deputy Co-ordinator) Phone: 329 3032

Cleaning up storm-damaged and fallen trees behind the Bowling Club

CIVIL DEFENCE UPDATE:

One in a Century... Yeah, Right!

March 2014 will be remembered for an audacious prediction that March’s first storm wouldn’t occur again for another 100 years. A week later, Wham! It seems that the ferocious winds of the second storm slammed into us very selectively. Purau copped it and Diamond Harbour too, yet elsewhere it was reported as just another strong wind.

Whatever... it served as a lesson. We had better take climate change seriously. Such storms may become more common than our houses – or our community – are used to. This time we were given plenty of warning by local authorities. So, we had time to anchor down rubbish bins, put kids toys, outdoor furniture, pets, and any building materials safely under cover.

Though the event was not sustained enough, nor requests for assistance received, to warrant opening the Civil Defence Sector Post, we did put plenty of advice in the local Diamond Harbour website. Remember to check our local website in an emergency. Don’t just Google Diamond Harbour – type in www.diamondharbour.info (there is another Diamond Harbour website with a similar name where you will not find relevant emergency information).

Your Civil Defence Team

Traditional Masonry

STONE WORKS

Ph 329 3165
Tel (03) 981 3321
Mob 027 228 6494
Fax (03) 329 3167
Mob 021 406 514

www.stoneworks.co.nz

The Place to go in an Emergency

During the recent extreme weather events Diamond Harbour Civil Defence used our website to keep the local community updated.

In an emergency don’t just Google Diamond Harbour – type in www.diamondharbour.info

Caution: There is another Diamond Harbour website with a similar name — but we are the only one with crucial information in an emergency from our local Civil Defence group — or important alerts/updates from our DH Neighbourhood Support
**Catholic Masses**

Easter Services

Good Friday:
Stations of the Cross. Meet Church Bay Store 2:30pm

Holy Saturday:
Easter Vigil Mass at Lyttelton (21 Exeter St) at 8pm

Easter Sunday:
Usual SCAP service 5:30 pm DH Community Church

**Weekly each Sunday at 5.30 pm**

First Sunday of month: Mass at DH Community Church
Second, Fourth, and Fifth Sunday: SCAP* service
(which fulfills Sunday Obligation)

Third Sunday of month: Mass at Lyttelton (21 Exeter St)
*Sunday Celebration in the Absence of a Priest

**Anglican – Methodist – Presbyterian Services**

**Easter Services**

Diamond Harbour
17 April, Maundy Thursday – 7pm
18 April, Good Friday – 10:30am

Port Levy
19 April, Saturday evening Easter Service – 7pm

Teddington
18 April, Good Friday – 9am
20 April, Easter Day – 9am

**Weekly Services**

St Andrews Diamond Harbour
Sundays at 10.30am

Wednesdays at 9am

**Prayer for the Parish**

Weekdays at 8:15am in the Church Library. This is to specifically pray for God’s presence in all our lives and His Spirit to move in our Parish. All are welcome. If you are unable to join us, please pray wherever you are.

**Monday Night Study Group**

Meets Monday fortnightly in a warm and friendly Charteris Bay home. The upcoming meeting dates are April 7 & 21, May 5 & 19. For further details, please contact Bruce Beckett on 329 4422.

**Gamma Home Group**

Meets Monday weekly in a warm and friendly Diamond Harbour home. For further details, please contact Ross Fountain on 329 4202.

**City Shopping Van**

The van runs on alternate Wednesdays. Upcoming dates are April 9 & 23, May 7 & 21. Pick ups are around 9am and returning around 1:30pm. Bookings are essential so please call Nicky on 329 4341 or Wendy on 329 4483. A $10 contribution towards fuel costs is invited.

**Baby & Toddlers Group**

For infants 0-36 months and their caregivers meeting in the Church hall every second Tuesday at 10-12 noon. Upcoming dates: April 8 & 22, May 6 & 20. Please contact Wendy Coles on 329 4483 for further information.

**City Mission Basket**

The church has a basket for non-perishable food and grocery items for the City Mission. Many families are dependent on the support of agencies like the City Mission as jobs dwindle and money fails to stretch to meet basic outgoings. We also collect Small Change for the Small Room, with the coins being spent on toiletries and personal hygiene items which are distributed by the City Mission and St Vincent de Paul.

**Mount Herbert Parish Newsletter**

Please email contributions for the next issue to mt.herbertparish@xtra.co.nz.

You can read the current issue of the newsletter and back copies at: www.diamondharbour.info/church-notices.aspx

**Mount Herbert Parish Website**

For further parish news and information visit:
http://mountherbertparish.wordpress.com

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**CHALFONT CAFÉ & BAR**

Serving breakfast and lunch 7 days a week

Dinner Thursday, Friday, Saturday & Sunday evenings from 5:30pm

Happy hours: Thursday 5-7pm
Sunday 4-6pm

**DIAMOND HARBOUR COUNTRY STORE**

Sunday - Wednesday 8:30am-5:30pm
Thursday - Saturday 8:30am-8pm
Takeaway Fish & Chips and Burgers 5-8pm
Thursday, Friday and Saturday nights

**CHALFONT MERCANTILE AND THE DIAMOND HARBOUR POST OFFICE**

A great range of gifts and goodies in store plus postal services six days a week

Monday - Friday 10am-3pm
Saturday 10am-3pm

We hope to see you soon

Jane & Drew
Chalfont Café & Bar, Diamond Harbour Country Store
2 Waipapa Ave. Ph 329 4465
CLASSIFIEDS

Piano for sale

Honey for sale
Manuka Honey from Purau organic production $20/kg or lesser amounts. Floral Mix Honey from Lyttelton organic production $15/kg or lesser amounts. Ph 329 3005.

Fridge for sale
Kelvinator fridge/freezer (upper part) for sale $120. Ph 329 3005.

Halswell Upholstery
Residential and commercial. Workmanship guaranteed. 2A Hindness St Halswell Ph 322 7884.

Rental Accommodation Wanted
A family of 5 who are moving to the area are looking for rental accommodation in Diamond Harbour. Please contact Eddie Norgate at the school on 3294 842.

Short Term Furnished Rental
Church Bay. Large 3 bedroom house with log burner and heat pump. Available 13 May to 13 September. Ph 329 4826 or 027457 5707.

Short/Long Term Rental
Unit in Waipapa Ave with 2 double bedrooms, off street parking, lots of light, freshly painted inside and out, easy care home and garden with lovely neighbours. $300/week, available immediately. Ph Robyn 329 4694 or 022 096 5755.

TV Trolley
TV Trolley on wheels, black, W 640 x D 500 x H 420. Single tinted glass door. $10. Ph 329 4877 or 332 1296.

Hand Knotted Wool Rug
Hand knotted wool rug, mottled gold colour, 2150 x 1200 with a small unfinished section 360 x 45 (about 350 knots). Plenty of spare wool to complete and tool to do the knotting. Offers. Ph 329 4877 or 332 1296.

Country-Rock
Is there anyone interested in forming a country-rock style duo? If interested, please phone Neville (03) 550 4225.

Table and chairs for sale
Table and 6 chairs in excellent condition. $300. Ph Pearson 329 4723.

Windows 7 laptops
Various brands, 1-4 years old, in excellent condition. 4Gb memory, 15.6” screen, clean factory install of Windows 7 64 bit, anti-virus/anti malware and other software. $200-$400. Also ultra-portable Toshiba Netbook with 10” screen. Ph 329 3032.

New PCs
Replace that old Windows XP computer with a new one running Windows 7, built to your requirements and budget. Anti-virus/anti malware and any other required software installed and configured from around $675 (LCD, mouse and keyboard extra – or use you old ones). Ph 329 3032.

Linux PCs
Several PCs (previously running Windows XP) upgraded to Linux. Ready to go for emailing, browsing the internet, music, videos or running LibreOffice (Microsoft Office compatible), etc. From $50 (LCD, mouse and keyboard extra – or use you old ones).

Hairdressing
Experienced hairdresser and Reiki practitioner working from home. If you have mobility problems, I can come to you. Ph 329 4224 or 021 152 3937 or email indigo-barb@hotmail.com.

Orton Bradley Firewood for sale
3m3 pine delivered $195. Ready to burn next winter. All proceeds to Park maintenance. Ph 329 4730.

Dressmaker
Specializing in dance costumes, wedding gowns and formal/prom dresses. Happy to work on any sewing project large or small!! 329 3166 or livingdolls@thedollfactory.co.nz.

Boxing Circuit Classes
Monday 6.30pm and Wed 7pm. Commercial gym open 7 days. 329 9525 or 027 773 0036 or baysidefit@gmail.com.

Doggie Bootcamps
We pick up your pet from home in the morning, take them out for the day and drop them back in the afternoon. We spend time walking on the lead individually and as part of a pack and have free time at a safe place such as a dog park, beach or forest. Ph 027 773 0036.

Outdoor Fitness
Outdoor Boot Camp Fitness with Mike at 6:30am Mon, Wed and Fri, all year round. Ph 329 4647 or mikecatton@mac.com.

Services offered
Handyman home services are offered on the sunny side of the harbour. Home maintenance, building repairs, painting, fencing and some plumbing as well as section tidying. Affordable rates. Ph Jim 328 8274 or 027 226 4548.

Missing Scooter
Our son’s green MGP scooter was taken from our driveway in Waipapa Ave, Sunday 9th March. It has his name on the under side. Please phone Lesley 329 4400.

Herald Calendar

ANZAC Day: Fri Apr 25. p10
Art Group: Weds, 9.30am-12noon, Church Hall
Ballet - Harbour Basin Dance: Sats, 9.15am, Hall.
Bridge Club: Weds, 7pm, Bowling Club, 329 4094. p11
Bridge Lessons Start: Mon Apr 26. p11
Camera Club: Sun Apr 6, 10.30am. Ch Bay Store. p10
Church Notices: p16
Croquet: Weds 1.30-4.30pm, Sats 10am-1pm.
DHCA AGM: Mon Apr 14, 7.30pm Stage Room, p10
Film Society: Thus, 7.45pm, Stage Room
Harbour Singers: Weds, 7.45pm, Stage Room
Harvest Festival: Sat Apr 5. Orton Bradley Park. p10
Historical Assn: Tue Apr 8, 8pm, Stage Room. p10
Insight Meditation: Tues, 6.30pm, 7A Whero Ave
Jazz - Harbour Basin Dance: Tues, 4pm, Hall.
Ladies Probus: Mon Apr 14, 10am, Church Hall
Library Story Time: Thu Apr 17, 10am. p10
Medical Centre Big Dig: Sat Apr 12, 9am. p13
Mens Probus: Thu May 1,10am, DH Rugby Club
Purau Farmers Mkt: Sats Apr 5 & 19; May 3, 17 & 31. p11
Running Group: Suns, 8am. p10
School 1st Aid Kits: Orders close Thu Apr17. p13
Shopping Van: Weds Apr 9 & 23, May 7 & 21. p16
String Players: Tues, 7pm. Ph 329 4536
Stud Design Exhibit: Sat May 10, 9am-2pm, Stage Rm. p11
Tai Chi: Thu 11-12noon, Com Hall
Tennis Club: Suns, 9.30am, Waipapa Courts
Toy Library: Sats 10am-11am, Community Hall p11
Walkway Submissions Close: Tue Apr 22. p14
Woollfun at Bergli: Sat Apr 12. p11
Yoga: Mons, 7pm, Stage Room. p6
Yoga: Tues & Thus, 6am; Fri, 9am. Stage Room. p6

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