Diamond Harbour Medical Centre is about to farewell Dr Charlotte Clifton

Charlie, as we all know her, is, like most NZ GPs, a member of a medical peer group which gives individual doctors the opportunity to share ideas and knowledge and to support each other. Two close friends from the group have invited Charlie to join them in a central Riccarton practice. While she has until now had no plans about moving from Diamond Harbour Centre, the opportunity to work in a larger practice with more than one doctor on duty at a time is very appealing. It has been quite a difficult decision, says Charlie. I really enjoy relaxed and friendly atmosphere here.

However there are advantages beyond the joint working conditions. Charlie is looking forward to the extra time with husband Steve as they commute together. She is a keen horsewoman and has recently taken on the training of a new pony, so it will be useful to be able to stop off to do that on the way home, rather than make special trips from here to Tai Tapu.

I am not so sure about the Riccarton practice being so close to Westfield Mall, Charlie told me with a grin. I just love shopping for clothes – I may have to make it a rule to visit my horses during lunch breaks instead of going to the Mall!

Charlie will officially finish her eleven years at Diamond Harbour at the end of July, but she will be away for most of June on a well-deserved holiday. Soon after her arrival from Britain, Dr Charlotte Clifton’s first experience of being a GP in NZ was at a practice in Shirley, but it was in Charteris Bay that she and Steve, both outdoor enthusiasts, chose to set up their home.

About a year later, in 2003, the then owner of the Diamond Harbour medical practice, Dr Ruth Savage, was becoming more and more involved in medical matters beyond her GP role and so was delighted to discover another doctor living in the district. Charlie, however was initially a little unsure about accepting the offer to work locally, her main concern being privacy—both that of her prospective patients and of herself. How would she respond appropriately for example, to a neighbour’s How is poor Mrs Brown getting on? without revealing too much? And how often would there be after-hours phone calls to her home from patients worried about their medication or such? On the other hand, the regular long journey across the city to Shirley was proving to be quite a trek, so she finally opted for the local part-time position, and filled the rest of her working week at an Avonhead practice.

Here in Diamond Harbour, her initial concerns proved totally unfounded and her regular patients have appreciated her sincere but informal approach. As one commented recently, Charlie is not your typical family doctor. There is no pomp or ceremony - she is more like a friend.

Charlie herself admits that it would be extremely unlikely that any patient in the UK would be prepared to refer to her as Charlie, let only use it when speaking to her. For me, that is one of the special things about this place.

Asked if she will take with her any other special memories of her time here, she replied without hesitation, Oh, the nurses! They are all so skilled and professional, and have been really great to work with. Nicky and I have shared the same shifts mostly and I could not have had a better person to work with. I have been so grateful to have had her on hand to assist. Another memory which will linger on is far from medical matters – it is the baking skills of community members… Betty Agar’s biscuits were to die for, and Sally Alexander’s Christmas pudding is just divine.

Although Charlie will soon be working over the hill, she and Steve have no plans to move away from their present home in Charteris Bay, so they will still be part of our community.

Dr Pete Davies sums up. When we took over the medical centre from Ruth, Charlie Clifton was kind enough to stay on and help us out. Now several years down the track she is leaving us to pursue other challenges. We will all miss Charlie’s contribution here and wish her well.

We are fortunate to have Bronwyn available to increase her work load to cover Charlie’s departure and she will be here initially two sessions on Mondays and, hopes to add an additional session later in the year.

So from all the team here a big THANKS to Doctor Charlie and best of luck going forward.

...and so say all of us!

Elaine
COMMUNITY SPIRIT ALIVE AND WELL IN PURAU

You may have wondered why, in last month’s Herald feature about the effects of the extreme weather events of March and April, there was very little mention of Purau. The truth is that we do rely on members of the community to send us pictures and/or information, and at that time the residents of Purau were still far too busy to think about Herald deadlines!

As a result of the two major storms in March and April, almost every property in the valley suffered some form of damage, much of it severe. The wind brought down trees, lifted roofs, and mutilated some buildings; the rain caused slips, wrecked gardens and created hitherto unknown leaks in roofs and around windows and doors; access to the outside world was cut off for some hours and there was no mains electricity for three days.

Properties along the beach front were among the worst hit, several being inundated when the torrential rain brought floodwaters hurrying down Purau Stream to collide with the high tide turning the road, the reserve, parking areas and private properties into a lake of muddy silt, sand and debris.

Further up towards Diamond Harbour many of the trees succumbed to the power of the wind closing the road there for several hours too.

Council and Orion services responded quickly and did a good job for which everyone was grateful, but it was the magnificent way that everyone in Purau rallied together that really made the difference.

Property owners, residents and friends all pitched in to help sorting out not only their own problems, but also finding time to help their neighbours with theirs as well. The securing of buildings, rescuing of pets and favourite plants and sharing of generators and freezer space were just a few examples of the community spirit which prevailed.

Donna Taragalia, speaking on behalf of the Purau Residents’ Association, said that the community response was truly remarkable. Everyone deserves to be congratulated, and in particular, the Purau Residents’ Association extends grateful thanks to all those who helped with the cleanup, unblocking drains, sawing up fallen trees and clearing debris for several days after the storm. Elaine
Bayview Road Blockade

There’s a blue car parked in Bayview Road
Where it didn’t ought to be
Blocking any traffic –
An obstacle you see

I don’t know what it’s there for
I’ll check if it’s bin nicked
Not what I’d expected
When this peaceful walk I’d picked

But because I’m very nosy
And a mystery here I sense
I cannot leave it unexplored
Cannot sit on the fence

I checked with Jim
He hasn’t heard - of any stolen motors
I carry on quite puzzled
Mind buzzing like ‘copter rotors

Maybe there’s some sheep ahead
Or some such country habit
There hadn’t been a notice
Unless a yob did grab-it

I walk right round the corner
Up a hill and down again
And there - gaping at the bottom
A washout round a drain

A great big trench of six feet wide
A gorge – in fact – be blewed
So someone was being helpful
By blocking Bayview Road!

In the last part of this story
I returned to double check
The sign was there – flat on its back
No car - No sign - Oh heck!

Victim of our raging winds
Scuppered by the blow
Leaves a road quite dangerous
For those not in the know

Jan Cole

Bayview Road Succumbs to Storms

In addition, Paula Smith, Chairperson of Lyttelton Mt Herbert Community Board, passed our Neighbourhood Support email on to the Council, whose Pavement Maintenance Engineer responded with the following message: This has been included in our list as one of the many Storm Damage sites and we are aware that it had been badly scoured all around the pipe during the severe rainstorm events in March and April 14. We will programme and prioritise for this damaged culvert to be repaired or replaced in the coming months.

Mr Pau added that Fulton Hogan will assume responsibility for checking that the warning signs are maintained until then.

Thus it seems we should expect Bayview Road to remain closed for some time.

At the time of the subsidence on May 22-23 local residents were quick to react, one person parking a car in the roadway to prevent other unknowing drivers from proceeding. Warning signs were mounted at the top of both Waipapa Ave and Hunters Road, but at the former location in particular, these were no match for the fierce winds and were repeatedly blown over.

Elaine

Note: If you are a resident or property owner within the Diamond Harbour Neighbourhood Support area, but do not receive our emails on safety and security alerts, you can add your email address to the database at any time. Just contact the Diamond Harbour Neighbourhood Support coordinator, Elaine Bryson, at dhnshq@gmail.com or on 329 4512.
A PILE OF PILES MEANS LOTS OF BOOMS!

It’s been said that Lyttelton will ultimately benefit from the 2010/11 earthquakes by becoming a more vibrant and attractive town. Earthquake repairs are certainly making it a booming community — albeit in a rather different way.

The booms echo across the Harbour six days a week from 7.30am to 6pm and are set to continue for more than a year. The Lyttelton Port Company’s project to repair Cashin Quay 2 began in late March and in the ensuing two months 30 of 294 piles have been driven, maintaining the expected average of around one pile every two days until the completion date in late September next year.

The LPC also advise that a large 110 tonne crane arrived this week to reconstruct the sea wall batter slope of the new wharf and a barge will complete dredging work in front of the new berth.

The reclamation project at Te Awararaha Bay to the east of the container terminal continues with more than 5 acres reclaimed so far. Another new crane that arrived in May will be assembled on the western end of the container terminal and should be operational in August.

Elaine

A recent gale-force Norwest gust lifting the water off Diamond Harbour

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IHAIA: Ihaia comes from Banks Peninsula Christchurch, and is trained in Tikanga (cultural/spiritual) counselling, Facilitator/trainer, groups and men’s support group. I am passionate about people’s well being and spiritual growth.

DELLAINA: Teacher and trainer of varies courses in Metaphysics, meditation, Channel for spirit, Visionary therapist, well being counsellor, past life therapist and Contributing author in the best selling “Adventures In Manifesting series.”

Diamond Harbour Medical Centre

2c Waipawa Ave Phone 329 4402 Fax 329 3302

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Email reception@diamondmed.co.nz for all other enquiries and Internet banking details

Doctors: Peter Davies Charlotte Clifton Bronwyn Graham

Nurses: Nicky Anna Petria

Reception/Admin: Jan Hogbin

Updated Hours

New: Monday mornings with Dr Bronwyn Graham

Monday 9am to12noon Dr Bronwyn Graham

3pm to 6.45pm Dr Peter Davies

Tuesday 9am to 12noon Dr Charlotte Clifton

4pm to 7pm Dr Charlotte Clifton

Wednesday 8.15am to 11.45am Dr Peter Davies

Thursday 9am to 12noon Dr Charlotte Clifton

Friday 8.15am to 11.45am Dr Peter Davies

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PICTURES FROM THE PAST?

It might be a bit hard to accept that these two photos taken less than two weeks ago now record a bit of our community's past history, but - if you are not already aware - when you are next enjoying your favourite coffee and snack on the balcony of Chalfont Café, take a moment to admire the newly expanded vista of the hills beyond the Domain.

Similarly, as you stroll along the top of Purau Ave, you will see that the view down the drive to the Bowling Club etc has changed for ever. The massive pine trees which have dominated that area for as long as most of us can remember, have gone — rendered dangerously unstable by time and the recent high winds they are all being felled as this Herald goes to press.

FROM THE WRITERS’ GROUP
Thérèse Miller-Beudaert continues the arboreal theme in this month’s poem...

A Mighty Giant

The gods were not happy
How dare this pine
Have the arrogance
To aim for the sky
They felt insulted
The humans admired
Its height its girth its age
Centennial it might be
But it couldn’t compare
With their millions of years
They conferred and decided
That the weather gods
Would tackle the problem
And it came to pass
The wind blew
The tree lost a few limbs
The wind blew stronger
Inflicting serious damage
On the tree
And on the close dwelling
But guardian angels
Were on duty
Protecting human lives

Yet the gods won
The once majestic tree
Was declared unsafe
First it was topped
The decapitated giant
Looked like a scarecrow
Then the huge trunk
Was laboriously felled
Timber
It felt like an earthquake
And all this because
The wind blew and blew
And blew some more
To pander to the gods’ whim
This is but one instance
where
Diamond Harbour
Has been savaged
Are the gods now assuaged
Time will tell

TM-B

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We hope to see you soon
Jane & Drew
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2 Waipapa Ave. Ph 329 4465
On Monday May 5 members of the Diamond Harbour and Purau Bay Garden Club celebrated their 75th Anniversary at the Governors Bay Hotel. The President, Beverley Obst welcomed everyone, including our guests, Elizabeth Peacock and Ann Moulin from the Canterbury Horticultural Society, and Mary King and Marjorie Kidd who were visiting from the Tai Tapu Garden Club. Beverley was presented with a certificate from the Horticultural Society in recognition of such an important landmark. The club is one of the oldest and can trace its beginnings back to the late 1930’s with trophies dating to 1938, although as a club it was officially founded in 1939.

The club was the idea of plant enthusiasts and this bringing together of people of like mind has seen plants and seeds being exchanged and the planting of trees since its conception. An example of this dates back to 1947-9 when the club purchased Norfolk Pines which were planted at Purau Bay. More recently, in 2004, a Kowhai tree was planted at the Diamond Harbour War Memorial Garden to commemorate the opening of the building.

The club members today are still keen to share their knowledge with one another as well as learning from the extensive range of speakers who come to talk to the group. The club meets on the first Monday of the month at the Stage Room, however during the summer these meetings are held as organised trips to visit gardens, both near and farther afield. During the 80’s the club met in members homes. A great deal has changed since then and when everyone is present we fill the stage room to capacity. It is wonderful that so many people are passionate about their gardens and in sharing their plants. Plants are often donated and auctioned off with funds helping to subsidise trips and other goodies. Some individuals have become interested in the local Diamond Harbour School Garden Project and we have been able to make a gift of some seeds as well as offering general support to the young gardeners of the future.

The anniversary lunch was a great success and we are planning a special tea party for the September meeting when all past members will be invited to join us. It will be lovely to meet up with friends and catch up on the gossip. However, anyone is welcome to come along to a meeting and see if it is for them. It is all casual and friendly and very informative.

At the end of her speech Beverley acknowledged the help of members. Margaret Somerville made a celebratory cake, suitably decorated with sugar flowers which was cut by Eileen McIntyre, Honorary Life Member. She also thanked Sandra Staples who researched events which had occurred in 1939, Bud Obst and the Ferrymead Heritage Printing Society for the place cards as well as everyone who attended, thus ensuring that Diamond Harbour and Purau Garden Club marked their anniversary in style.

Here’s to the next 75 years planting in the Bays!

Dorothy Shrimpton

75 YEARS OF GARDENING IN THE BAYS

PINK RIBBON BREAKFAST

On Friday May 23, Terena Ball and Robyn Hedges hosted a fundraising Pink Ribbon Breakfast for Breast Cancer.

Thirty ladies, all adorned with something pink, enjoyed yoghurt and fruit followed by hot dishes and plenty of chat. Nearly $600 was raised for Breast Cancer. Thank you all for your donations and thanks to the Bowling Club for the use of their club rooms.

Robyn Hedges

Eileen McIntyre cutting the anniversary cake

The Beauty Room

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Diamond Harbour Rugby Club News

Seniors:

A Catch-up on Harbour after Five Games
Our guys are eighth out of fourteen teams at this stage which is obviously about middle of the pack. The top team is Lincoln with twenty points - at the bottom is Selwyn with one point. We have ten. We have won two games from five. Looking forward into the season, I reckon we’ll achieve a far better placing at the end of the season, as our guys are improving with every game and starting to get back to their impressive best. Maybe the realization that we are back in Division II of the Ellesmere Competition has really hit home as our guys have lifted their game a notch or two to achieve our wins. Each player in this team has an extremely good skill set and when they gel, we get a result like last week: 39-10 against West Melton. With a nice mix of both forward and back play in the loose, we show one of our strengths. Injuries have not treated us well this year and hopefully we have done our dash in that department. Selwyn is on the agenda this coming Saturday so let’s all visit the lovely Glentunnel ground to support our team. It’s good to see the club ticking over smoothly with the same handful of people ensuring this happens. Support continues to grow in our club. Highlights for me to date:
  * Last week’s win.
  * A comment made - by arguably the World’s finest forward coach - about our coach.
Lo lights for me to date:
  * my being too old to join in and play.
Go Harbour! Trevor Turner

Rippas:

DH Rippa (U7) Rugby Team 2014.
Back Row: Tenzi Sherpa, Hamish Clinch, Tashi Sherpa, Joe McLister, Will Leech
Front Row: Elijah Derwal, Oscar Warren, Oliver Rick

Our junior rugby kids produced a fine performance at the annual Ellesmere 7 aside tournament, our U7s finishing runners-up, winning their pool and just being pipped in the final by one try. One of their enthusiastic supporters said, We are all very proud. The team was as competitive as the best Ellesmere could offer, a great result from the smallest club in the competition. John McLister
Computer Helpdesk

Making Windows 8 Behave
One wonders whether Microsoft’s decision to end support for Windows XP, effectively making millions of computers that run it sitting ducks for cyber criminals, has more to do with scaring people into buying its unpopular Windows 8, than the cost/difficulty of continuing to support XP. Most large companies, government departments, etc have replaced XP with Windows 7, rather than Windows 8, which is not really suitable for serious productivity in its out-of-the-box state. Those that have gone to Windows 8 have IT departments to customise it and lock it down to behave largely like Windows 7.

Although it is not difficult to find a new laptop or PC running Windows 7 (look on www.pricespy.co.nz or TradeMe) the large retail outlets sell only Windows 8 – and Microsoft are successfully panicking XP users into buying it. So in today’s column, I am going to offer some tips on how to make Windows 8 behave itself.

The main problem with Windows 8 is that it includes 2 completely different user interfaces: the Desktop, which is a crippled version of Windows 7 and the New UI, with its live tiles, designed for a touch screen and entertainment – although, in fact, most budget PCs and laptops sold with Windows 8 do not even have touch screens!

Programs that run on the Desktop will not run on the New UI and vice versa; so when you click on a photo, document, web link or whatever, Windows 8 jumps between the Desktop and New UI, depending upon which program is the default one for opening it. If you are one of those who dislike this bizarre, schizophrenic behaviour, you may wish to try the steps outlined below to lock Windows 8 down to the traditional Windows Start Menu.

1. Make sure you are running Windows 8.1
New computers should come with 8.1 installed, but on older ones you will have to run the Windows 8.1 update from the Windows Store. (It may not be visible until you have run all prior updates.)

2. Uninstall unwanted New UI Apps
This will reduce the chance of you inadvertently launching one of them and being thrown into the New UI (note: some New UI Apps cannot be uninstalled).

3. Download/Install Desktop Apps
You need a Desktop App for everything you want to do – so that it will be used rather than a New UI equivalent (eg Skype, Chrome for internet, Windows Live Mail or Thunderbird for email, Picasa for photos, VLC media player, Adobe or Foxit Reader for PDF files, etc.)

4. Set Default Apps to Desktop ones
First up, go to PC Settings (type it in Search box) select Search & Apps, then Defaults. For each App type listed, select a Desktop one. Then go the Control Panel (type it in Search box), select Default Programs then Set your default programs. For each Desktop App you want to be the default, click on it and then click Set this program as default.

5. Alter the Start screen settings
Go to the Desktop and right-click any empty space on the Taskbar. Then click Properties to open the Taskbar and Navigation Properties box. Click on the Navigation tab (if you cannot see it then you are not on 8.1 – so go back to step 1).
- Untick the 3 boxes under Corner navigation
- Tick all the boxes under Start screen

6. Install Classic Shell
Go to www.classicshell.net and download it for free. This brilliant program gives you back a traditional Windows Start Menu.

Windows 8 should now start on the Desktop and, with the reinstated Start Menu, behave very much like Windows 7 (and earlier versions of Windows). With any luck you will hardly ever see the New UI again – and if you ever find yourself hijacked there, just hit the Windows button to take you straight back to the Desktop.

Ron

Computer Doctor and Tutor

Computer Help — When and where you need it

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Vet-Spot

War Wounds

One of our subjects at vet school was Veterinary Public Health, and one of the topics it covered was the risks involved in being a vet. These were grouped into Physical, Chemical and Biological. I’ve already looked at some of the biological (infectious) risks in my Zoonoses article, so I thought this time I’ll share some of my war stories of the physical injuries I’ve experienced in my career.

My first dog bite, as a final year vet student, was at the SPCA. I’d just treated a Labrador, and was leaving the pen when it nipped my leg from behind. Interestingly ACC statistics show Labradors are the most common breed of dog responsible for bite wounds, then again, they’re also the most common breed of dog! In my early years of practice I got 2 really nasty bites to the hand, both by semi-sedated dogs. I’ve now learned not to relax my guard when an animal is sedated, the mere fact that it looks asleep is no guarantee that it won’t suddenly spring back to life.

Cats are an interesting species to treat, they have 5 dangerous points, the teeth, and all 4 feet covered in claws, and they know how to use them. I’ve always thought I’d hate to be mauled by a lion after experiencing first-hand how much damage a 2 kg cat can inflict. Whenever my cat hospital is full you can tell by the scratches and bite marks on my wrists, we also do a lot of re-homing of trapped wild kittens and every now and then one of them manages to grab hold of me, and sink all its teeth and claws into some tender spot!

We currently have 2 kittens, thankfully now tame, that are looking for homes, if there are any takers out there. They were trapped at the Okuti Valley Campground in Little River.

Cows (and especially calves) can kick out suddenly, and I’ve had the odd good boot. Probably the worst was while castrating a 6 month old calf that connected with both back feet in my chest! I also received a good gore from one of my own cows recently. She used to be the herd matriarch, and we had trimmed her horns to just a few inches several years ago. The past 2 years as she grew older and was demoted in the herd she became more and more grumpy and used to chase me on the hill.

I could certainly never trust her in the yards, but I’d forgotten how bad she was, and she managed to get her stumpy horn under my ribcage when I was in the yards with her. I had to barrel roll over the top of the pen because the attack came so quickly that I didn’t even have time to climb the rails, usually a good way to remove yourself from danger. For at least a month afterwards it was really painful to laugh, I’m sure she cracked a rib!

Deer are still wild animals in my opinion. They have only been domesticated for a few generations, as opposed to thousands of years with our other domestic species.

Deer are good at standing on their hind legs and boxing (usually when you’re looking the other way), and stags can only be handled when sedated. They are probably the animal I least enjoy working with.

Incidentally I remember our lecturer telling us that an example of a physical injury was being thrown in a dip tank by an angry farmer, thankfully that has not yet happened to me, in fact dip tanks nowadays are very rare, especially with the advent of pour-on endectocides.

I’ll end with a brief look at the chemical hazards we face, obviously as vets we have easy access to all sorts of drugs, and occasionally addictions can be a problem. Sadly as a profession we have a high suicide rate, and I have several colleagues, one of whom was a very good friend, who have used barbiturates to end their lives.

Paul
THE ART OF SEWING
The art of sewing and interesting facts about the Sewing Bee

The art of sewing will always be remembered from the days our mothers and in some cases our fathers as well as our grandmothers. It’s a creative practical art. It’s a rewarding feeling to rekindle and revive our creativity... and what better place to do it than in a group of enthusiastic sewers over a cup of tea or coffee.

Interesting facts about Sewing bees

Sewing bees go back to colonial America. The best-remembered sewing bee is when The Queen Mother threw open the doors of Buckingham Palace and invited women from all walks of life to join her sewing bees. The year was 1939 and the aim was to make clothing for the troops. Twice a week she invited female members to stitch for victory. Together they would mend uniforms, make camouflage nets, blackout curtains, balaclavas and sweaters, chatting and exchanging stories as they sewed.

With her strong Christian faith, Elizabeth held that life is for living and working at and rolled up her sleeves and got on with it. She had a warm, ready smile and connected to people as a wartime morale booster. Her aim was to promote unity and support among women during the dark days of wartime.

As the war progressed, fabric was harder to come by so women became more resourceful. The government even issued leaflets on how to make do and mend – transforming sheets into garments or remaking childrens clothes for younger ones. Women got together in sewing bees to share knowledge, skills and newly discovered ways to keep their families adequately dressed.

A big thanks to Claire Payne for providing me with the book, The Great British Sewing Bee, which is the source of this fascinating information.

Happy sewing.  Miriam

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Mark and Lou Warren

6 Te Papu Crescent
Diamond Harbour
329 3254

WEATHER WATCH
Oh, Lordy, didn’t it rain!

I’ve been going over my weather records, to get some idea of how unusual all that rain we had in March was.

I wasn’t as successful as I could have wished, because my record is incomplete. There was no way I was going out to read the rain gauge in the downpour. And downpour it was. When I did go out, my rain gauge had overflowed. Twice. So the total for the storm was somewhere in excess of 250mm (125mm is the most my gauge holds!) It was probably rather a lot over that, judging by the way the water ponded and ran over the drive and the garden. The storm water drain, which takes not only water from my section, but from a couple of others above me, couldn’t take the quantity which was coming down the slope. Instead it flowed over the drive, and down the slope to the neighbour below me, and presumably across their drive to reach the creek in the gully.

We needed the rain, of course, because if you remember, we had very little in January and February. November and December were also dry, until that memorable Christmas Day when the lunch time BBQ was ruined! That, as it turned out, was just a forerunner. The rest of January was how we expected it to be, warm and mostly dry.

Because of the storm, March 2014 has beaten all since 2002, which is how far my current records go. A variety of data that I’ve collected from farms and other sources around the harbour strongly suggest that it beats anything that happened in the last fifty years. Some early records covered a longer period, but they seem to have vanished into the maw of NIWA, when that organisation became responsible for the official weather records (how else was it going to make money except by charging for information)?

The situation of the country in a wide expanse of ocean and, in the case of the South Island, the great barrier of the Southern Alps, make for a distinctive climate. Moreover, at all times of the year we are exposed to surges of cold air from the Antarctic. Then there are the tropical depressions that wander our way, usually down the Tasman Sea, often becoming less vigorous as they move into cooler latitudes, but still capable of delivering significant amounts of rainfall.

The annual average rainfall, based on my figures, is 724.66mm. I’d be interested to know what values other Diamond Harbour residents have recorded. Because we live in what can only be described as a hilly area, figures are likely to vary, depending on the aspect of a site, its elevation, and the degree to which it is sheltered by adjacent buildings or other obstacles, such as trees.

Reviewing the figures that I have, it’s noticeable that, in most years, we have a winter rainfall maximum. May through August has been the wettest period in ten out of twelve of the past years. In 2011 October was the wettest month, and, of course, this year, March. There have been a couple of years when January or February were very wet. The record – through November and December as last March was. We may therefore have some reason to regard ourselves as a kind of pseudo-Mediterranean climate: dry in summer and wet in winter. Unfortunately, the tendency of the warm western parts of the Plains to develop a local low pressure area, and draw in cool air from the sea, generates the plague of our summer - the cool and often vigorous easterly.

The winter months can give us a pleasant time of year, with sunny days making up for chilly nights. In that we may consider ourselves lucky compared to town dwellers. When they have hard frosts which last most of the day, our gardens are either frost-free or have only a mild frost. This autumn has been surprisingly mild. Inevitably, forecasts at the time of writing threaten a cold snap, but chances are that for a short time at least we will return to sunshine and mild temperatures.

Jane Soons
RECIPE

A Hearty Pie
Where I grew up, you do find pies in the shops. Arriving in NZ at the end of the 80s, I was not impressed by this particular dish and could not eat it. The pies were greasy, too hot and of dubious content!

Eventually, when hunger drove me to give it another try, I came across some very nice pies... a spicy venison pie from Mapua bakery, an interesting Thai chicken pie from Hokitika, even a good simple steak and cheese pie from Sheffield.

It can’t be that difficult to make, I thought and discovered that it is a simple easy meal to prepare in advance, or to make with the leftovers of a nice stew.

This is my variation of the welsh lamb pie recipe in Hot Food published by Murdoch books.

Ingredients
750g boned lamb shoulder, cubed
1 pinch (or more) of cayenne pepper
90g flour                             2 tbsp (or more) of curry
2 garlic gloves                    4 large leeks, sliced
2 large carrots, chopped
2 (or more) large potatoes, cut into 1cm cubes
200g bacon or ham or whatever you fancy
400ml good beef stock      1 bay leaf
bunch of chopped parsley
375g puff pastry                 1 egg, lightly beaten

Method
Toss the meat in the seasoned flour and shake off the excess. Heat the oil in a large frying pan over medium heat. Cook the meat in batches, for 4-5 mins, or until well browned, then remove from pan. Add bacon and cook for 3 mins. Add garlic and leek and cook for about 5 mins or until leek is soft.

Put the meat in large saucepan, add the leek and bacon, carrot, potato, stock and bay leaf then bring to the boil and reduce the heat. Cover and simmer for 1 hour or until the meat is cooked and the liquid thickened (if not, add enough corn starch to thicken). Remove bay leaf, add parsley and set aside to cool.

Preheat oven to 200°C. Divide the filling among the pie dishes, or use one larger dish to make a big family pie. Either line half the pastry in the dishes, fill with meat, then bring to the boil and reduce the heat. Cover and simmer for 1 hour or until the meat is cooked and the liquid thickened (if not, add enough corn starch to thicken). Remove bay leaf, add parsley and set aside to cool.

Preheat oven to 200°C. Divide the filling among the pie dishes, or use one larger dish to make a big family pie. Either line half the pastry in the dishes, fill with meat, then cover with pastry lids, or just fill meat into dish and cover with puff pastry as lids. Trim the edges and pinch to seal then poke a few holes in the lids with a fork, so steam can escape. Brush with egg, and bake for 45-60min, or until pastry is crisp and golden.

Then leave to cool a little, so you don’t burn your mouth. Vegetarians can try vegetable curry with pine nuts as a filling and bake as above.

Enjoy.  

Franziska

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LIVING WELL

How To Buy Happiness

It’s often said that money can’t buy happiness. As it turns out, that’s not entirely true. Research tells us that money and happiness are correlated, though only to the point where you have enough to cover your living expenses. Beyond that, there’s no correlation at all, but there are ways in which you can use money to increase your level of happiness, and it’s those that I want to share with you today.

The first way you can use money to increase your happiness is by giving it away. This can be in the form of donations, or in buying things for others. Studies show that if you give someone money and ask them to spend it on themselves, they will become far happier than if they are made to do something for others. This effect applies when there is no money involved too, which is great for those who don’t have surplus money to spend on others.

Giving your time, or simple things such as a photo from a 1957 Yates catalogue that heads the article.) While doing this work I thought about whether there are styles and fashions in gardening that should be regarded as classic or timeless because they express deep, underlying principles of beauty and ecological wisdom. While there is no one style, or type of plant, that is always in fashion or timeless, I think there is one organising principle that encompasses a great range of plants, and ways to design gardens, that always delivers beauty and sustainability. That principle is diversity.

Research by landscape design scholars shows that the public consistently prefers gardens rich in plant diversity over low diversity spaces. One study done in Sacramento found that a highly diverse community garden - which the city authorities thought looked messy - was rated as more beautiful by a majority of those living in the neighbourhood than the low-diversity, carefully-manicured public park across the road. Diversity in the wild is the sign of a habitat rich in food options for humans and other animals. Where plant and animal life is diverse the ecosystem will be in good health - high in fertility and resilient to pests, diseases and weather shocks. Diversity in the garden is consistent with most of the popular garden styles, past and present – the main exceptions being the highly formal park style and the summer display of annual flowers style. Both these styles are high maintenance and incur ongoing expenses, whereas a diverse garden of mainly perennial plants (from small bulbs to tall trees) requires much less maintenance and most costs are once only. Such a garden also provides a variety of colour and form across the seasons, which less diverse gardens lack.

So if you follow the rule that one can never have too many different types of plant in the garden (only too few places to put them!) you can be pretty sure of creating a garden that is both beautiful and in tune with nature.

Christine Dann

My blog: www.christinedann.org/eco-gardener-blog
Community Garage Sale
Having a bit of a clear out can be quite liberating. But over here there’s the problem of what to do with the things you have culled. When you don’t have enough for a garage sale of your own, and can’t be bothered selling things on Trade Me, Project Lyttelton has the perfect solution. Project Lyttelton and the Timebank run a community garage sale on Wednesdays 10am-2pm, Thursdays 11am-4pm, Fridays 12-4pm and Saturdays 10am-1pm.

The Garage Sale has recently shifted premises and is now located at 25 Canterbury Street, Lyttelton. Items can be dropped off at any time to the wee shed that sits between the Garage Sale building and the old Rec Centre (just down from the Post Office boxes and on the way to the Lyttelton Kidsfirst Kindergarten). If you’re a timebank member you can also claim a one hour time credit for every load you drop off!

While raising funds to cover the costs of the Timebank, the Garage Sale is also an important source of fundraising for community groups. Every Saturday the Garage Sale is run by volunteers from a community group and the profits (minus $40 for overheads) go to that group. Diamond Harbour groups that have participated include the school, the Diamond Harbour singers, Scouts and the Civil Defence. Groups usually make between $200-$400 per garage sale, easy money when it just involves collecting the money for a few hours!

Now the first Wednesday in each month is another opportunity for community groups to run a sale for fundraising, which is good because the Garage Sale is such a popular fundraiser that all Saturdays for the rest of the year are now booked out. For the other three Wednesdays of the month, money from the sale will be divided amongst community groups who choose to be part of the Chip in the Box project. Each month four groups can nominate themselves to be included on the chip board and when people buy items at the garage sale they will put a chip in the group they wish the money to go to. Nominated groups also need to have one volunteer available to help run the Garage Sale once in that month. Community groups wanting to run a Garage Sale on the first Wednesday of the month can make a booking with Sue-Ellen (328 9243 or office@lyttelton.net.nz). On the day just collect the key from the Information Centre so you can open the shop and trade from 10am-2pm.

To be part of the Chip in the Box project groups need to be timebank members – contact timebank@lyttelton.net.nz or sarahpritchett72@gmail.com.

WOW!! Our roast nights on Thursday have been a HUGE success, repeat bookings, wait lists, and happy, full people! Don’t miss out, book by Tuesday evenings on 329 4880 and “let us cook for you”.

Wed – Fri we have “Tradies” Breakfast (now $12) and Sundays 10am-12noon full cooked BIG breakfast. (gf and vege options avail).

Did you know we have coffee cards? Every 8th coffee FREE!

Friday night it’s HAPPY HOUR 5.30-7.30pm and Pizza & Pint/Wine $20 - Fri 5-8pm.

If your work or social group are planning a Mid Year Christmas Function why not come and find out the options we are offering.

COMING UP: local band THE BROOMS play at Godley Café Saturday 7th June from 6pm. This will be a great night so get your friends together and come check them out

Have you see our new selection of lambskin, cowhide and possum fur accessories - vests, booties, purses and gorgeous bags? All locally made... treat yourself!

Godley Café open Wed–Sunday. Phone 329 4880 or check us out on Facebook for the latest events.

MORNING YOGA FOR YOU
Early Class: Tuesday & Thursday 6 - 6.50am
Gentle Yoga: Friday 9 - 10am
In the Stage Room $5 per class or by donation
Everyone Welcome
Enquiries: Jacinda 329 4424 or cins@paradise.net.nz

Diamond Harbour Herald - Established 1952
YOU CAN COME TOO — LOCAL EVENTS AND COMMUNITY ACTIVITIES

DH Historical Association
Next meeting on Tuesday June 10 at 7.30pm in the Stage Room
Peter Ramsden’s talk is entitled
Ngai Tahu: their journey south
All welcome Jan Studholme

DH & Districts Health Support Group AGM
Saturday June 14 at 10am in the Stage Room
All welcome Ross Fountain

Woolfun Day at Bergli
Next Woolfun Day is Saturday June 21
Enjoy a relaxed day working with wool, with like-minded people in a small group, in a beautiful log house with wonderful views. Koha. Morning and afternoon tea provided. Bring your lunch, your woolcraft gear, and if felting, a table if possible.
Bergli B&B, 265 Charteris Bay Rd, Teddington. Ph 329 9118
Rowena MacGill

Road Cycling Group
Meets weekly in Diamond Harbour. To join a ride contact Mike on 329 4647 or mikecatton@mac.com.

Free Running Group
Sundays at 8am. Ph 329 4647 or mikecatton@mac.com

Matariki is the Maori name for the group of stars also known as the Pleiades star cluster or The Seven Sisters; and what is referred to as the traditional Maori New Year.
Matariki is a time of new beginnings, a time to pause and reflect on the year that was and the year that will be, a time for food gathering, time with family and a time for learning new things.
On Thursday June 19 a special Pre-School Storytime at 10am in the Library will celebrate Matariki - Maori New Year. Tania will be coming over from town to present this session. All welcome.
Christine

Highlights:
Thursday 19 June
11am-6pm The Garage Sale 25 Canterbury St
6pm-7.30pm Roots Restaurant A Taste of Winter $50: Bookings essential on 328 7658
6:30pm Lyttelton Library Stories and hot chocolate
8pm Tommy Chang’s Lyttelton Poets
8:30pm Porthole Bar Dr Sanchez
9pm Civil and Naval Variety

Friday 20 June
5:30pm Matariki Street Party London Street
6pm Lyttelton Engineering Wearable Arts Parade
6:30pm Stage Show
7:30pm LPC FIREWORKS EXTRAVAGANZA
9:30pm The Porthole Bar: DJ Bones
Civil and Naval Variety

Saturday 21 June
10am-1pm Lyttelton Farmers Market
7pm Lyttelton Club Winchester St
Lyttelton Quiz
$10 per person. Teams of 2-6.
Bookings 328 9243, events@lyttelton.net.nz
7pm No. 6 London St Goodbye Pork Pie screening
8:30pm The Porthole Bar Podocarp

Sunday 22 June
3pm-5pm Roots Restaurant Helen Taylor exhibition
3:30pm The Porthole Bar Jam Session

Road Cycling Group
Meets weekly in Diamond Harbour. To join a ride contact Mike on 329 4647 or mikecatton@mac.com.

DH Croquet Club AGM
Saturday June 21 at 10am at the Croquet Club House.

Diamond Harbour Camera Club
Regular meeting in the Stage Room Tuesday June 17 at 7.30pm. Everyone welcome. Visitors: $3 donation.
Routke
Diamond Harbour Rugby Club

Fund-raising QUIZ!!
13 June at the Community Hall

Doors open at 7pm Questions start at 7:30pm
- Teams of 5
- $5 per person
- BYO drinks and snacks
- Supper supplied

Call James at 329-4611 or Amy at 329-4244 to book a table – places going fast already!
- Huge prizes for Best-Dressed Team – you choose the theme
- Even bigger prizes for Best Team Name

Planting Day at Living Springs

Living Springs is implementing Stage III of a large revegetation project. Planting will have many benefits: increased biodiversity; habitats for native species; slope stabilisation; improved water quality; and reduction of silt deposited in Lyttelton Harbour.

We need your help to plant 4700 native plants!
Please email Living Springs and let us know if you can help: wendy@livingsprings.co.nz or phone 329 9788.
Meet at the main camp, bring a small shovel or spade and garden gloves. Lunch provided.

Free Insulation and Curtains for DH Residents

Warm homes keep people healthy; but it can be a struggle to keep the house warm over winter especially when you are on a low income.

If your house is cold, you risk getting sick more often, especially if you have children, are older or have an existing health condition such as arthritis, diabetes, heart or a respiratory condition. Community Energy Action Charitable Trust can help to make your home warmer, and they service all of Canterbury, allowing the trust to travel out to Diamond Harbour.

Insulation and heating
Free insulation is available for all Diamond Harbour households with a Community Services Card who have either children 17 years and under OR are over 65 OR have a health condition. Both tenants (but not Housing NZ) and home-owners qualify. $1350 funding towards a heat pump if primary heating is inadequate is also available for Community Services Card holders. Funding for other Community Services Card households is also available, see website for details. Conditions apply.

If you don't have a Community Services Card, you can still get your insulation through Community Energy Action and while no subsidies are available any surpluses made go back into our charitable programmes.

Get your insulation checked!
If your insulation has been installed before 2000, get it checked. Old insulation can often do with a top-up. Community Energy Action will do a free check so ring them now!

Free curtains
Windows are the weakest link in a house when it comes to retaining heat and a lot of heat is lost through single panes. A good curtain and track system can be as good (or better!) than double-glazing.

If you cannot afford good lined curtains, your landlord won’t provide them or your house is being demolished but you still have to live in it for some time, you can get free recycled curtains through the Curtain Bank. A Community Services Card is not required and all properties including all rentals and Housing NZ properties qualify.

Free and independent advice
Free and independent energy advice is available over the phone through the Energy Advice Service. So if you are struggling with power bills, would like to save money on electricity, give them a ring. They will target any advice on your situation (budget, tenant or home-owner). You can call toll-free on 0800 GET WARM

DIY window insulation
If double glazing is unaffordable, DIY window insulation (from $30/pack) can help. It has similar insulation properties as some double glazing and is non-permanent so also suitable for rental properties.

Tikanga - Nau Mai Haere Mai
Anyone interested in learning “Tikanga”- Maori custom, lore in a “whakahoa”- friendly, “whakangā”- relaxed environment?
Kaiko - Teacher. Ihaia Hascha, Ngai Tahu, Ngati Mamoe, Waitaha. Born and raised in Otautahi – ChCh, Whanagroupo – Lyttelton and Koukourarata – Port Levy. I am a local and have travelled extensively. I realise that part of my life journey is to “bring people together”.
Sharing Tikanga is an inspiring way to do this.
Aio – Peace to you
Na Ihaia
Start date - Wednesday 2 July. 7-9 pm.
Venue - Te Kete at Diamond Harbour School.
Duration - 7 weeks. Investment $140 for course.
Please contact Sarah Pritchett on 329 3344 or sarahpritchett72@gmail.com to register interest.
LYTTELTON MT HERBERT COMMUNITY BOARD UPDATE

News and views from Paula Smith, Chairperson, Lyttelton Mt Herbert Community Board

Local Democracy Matters
Lyttelton Mt Herbert Community Board normally meets in the morning on the third Wednesday of each month. The Agenda appears on the CCC website during the week before so you can check out what decisions are going to be made. Items on this month’s agenda include: a deputation from Community Energy Action about how they help people keep warm in their houses, a letter from a Lyttelton resident about flooding at her property, a decision about whether to recommend Project Lyttelton’s capacity building project as a “Key Local Project” to be funded from the Metropolitan Strengthening Communities Fund rather than from our local fund, and the minutes of a recent Orton Bradley Park Board meeting.

If you would like the Board to know your views on any matter of local or community interest you can make an appointment to talk to us for up to ten minutes or so at the beginning of our meeting by phoning our adviser Liz Beaven at 941 5602. Alternatively, you can write to us and your letter will be included in the next agenda where it will be read and considered by the Board and seen by many others in the Council organisation.

Most months we meet meet in the back room of the Lyttelton Service Centre (temporary) at 15 London Street, but in the months ahead we plan to move about the district a bit, meeting at Port Levy on August 20, Diamond Harbour on November 19, and possibly at Rapaki next month, on June 18 (still to be confirmed).

CIVIL DEFENCE UPDATE:

Preparedness
One of your best tools in an emergency is knowledge: knowing how to prepare in advance of an event, and knowing what to do and where to go for information and assistance during an event.

Please take the time to have a look at the wonderful web site of the Christchurch City Council www.ccc.govt.nz. Click on the Home & Living tab, and then select the Civil Defence section. Familiarise yourself with all that is offered on this site: from the advice on preparedness given in the Get Ready Get Through section, through to information on disaster types, radio frequencies etc. Print off any section that you think would be useful and attach it to your fridge. Remember that in an emergency you may not be able to access information on the internet or stored on your computer.

For those of you who would prefer the written word, the local Civil Defence team (refer to the front of the local phone book) have several copies of the Get Ready Get Through pamphlet available.

Locally, during a Civil Defence declared emergency, there are several sources of information:
1) The Civil Defence Sector Post (located in the church hall, adjacent to the Fire Station on Marine Drive) will be open, and an information board will be placed at the entrance.
2) Information issued by Civil Defence will be passed through your local Neighbourhood Support Group. Please make sure they have your contact details.
3) The local community information website of the DH Community Association www.diamondharbour.info.
4) Listen to the radio – station frequencies are given on www.ccc.govt.nz and listed inside the front cover of the Yellow Pages.

Next month: How to cope when the power is out, your internet is down and there are no phones!

Your Local Civil Defence Team

Our meetings are public meetings and anyone may attend. So mark your calendar, we hope to see you!

Annual Plan Submission on Head to Head Walkway
All members of the Lyttelton Mt Herbert Community Board attended the hearing on next year’s budget, known as the Annual Plan. Our submission seemed to be well received by the Mayor and councillors. We focussed almost entirely on the need to fund development of the Head to Head Coastal Walkway which will ultimately connect all our harbourside communities, bringing with it new recreation and economic opportunities. The funding had been budgeted for the coming year in the overarching Three Year Plan, but the new Council proposed to defer this project, not realising how much progress had been made toward making this idea a reality by CCC staff working with the Head to Head Working Party. If the funding is reinstated expect to see new signs and much-needed work to improve existing sections of the track later this year.

Riparian Planting at Teddington
Board members learned about a project to plant the margins of the tidal creek next to the Wheatsheaf Taven on a field trip around Lyttelton Harbour organised by the Bank Peninsula Zone Water Management Committee. The planting will be done on three of the four rural properties which border the stream extending right up to its headwaters and will help reduce the amount of sediment entering the water during storms and generally improve the habitat for whitebait and other stream-dwelling creatures. The project is being supported by funding from the Immediate Steps Programme. Thank you from all of us to those far-sighted landowners for taking this initiative.

Ka kite ano

Paula Smith

Geoff Brewer Systems
Diamond Harbour’s Technology Specialist

Got Computer Problems?
Call 0272907859 or (03) 3294093

I am a qualified electronics technician and Microsoft certified systems engineer working in the computer industry for 35 years, 20 of which on PC’s and networking.

One of my specialities is building custom PC’s and media servers.

But if you have ANY computer related problems or need free unbiased advice on what to buy give me a call.

Note I can also help with Apple technology ie Macs, iphones, ipads and ipods.

Paul Rice

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DH COMMUNITY ASSOCIATION

Meeting held on May 19
DHCA Submission on the Annual Plan
Richard Suggate (chairperson) presented our submission last week. He asked for support with tidying the Godley House site as well as designs for the area, along with reinstatement of funding for the Head to Head Walkway from Purau to Church Bay. He also thanked CCC for tidying up after the storm damage.

Hall Report
A sub-committee of will look at the extensive repairs needing to be done to the hall and will report back with a prioritised list. (Upgrade of heating, meeting fire regulations, re-lining, replacing veranda posts and painting the interior and exterior of the building.) More storage space needs to be provided for clubs who regularly use the hall.

Community Board Report
Thomas Kulpe and Paula Smith have both been voted on to the Banks Peninsula Water Management Committee. The Sumner Road will be re-opening. Road development will have a temporary negative impact on the view from Diamond Harbour.

The Metro Bus Services Review has stated that the number of house calls will look at the extensive repairs

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General Business
Letters have been received from CCC stating that they will not put mirrors back up on Marine Drive corners. The issue will be raised at the next Community Board meeting.

The DHCA has purchased 7 copies of Getting to the Point by Tracey Ower and Nancy Vance which outlines the results of community consultation undertaken after the earthquakes. The fencing around the Godley site should have been removed two weeks ago.

Herald
Thanks to Elaine Bryson, Ron Dubin and Joan Keywood and her folding team for all the work they have done.

Orton Bradley Park has been given $400,000 from the Social Enterprise Fund for outdoor education etc. Orton Bradley Park has been given $400,000 from the Social Enterprise Fund for outdoor education etc.

B&O Community
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Editor’s Note
Many of what used to be classified as Community Notices, are now appearing in our You Can Come Too pages, so we are widening the scope of this section a bit to include what might have been Letters to the Editor in the past, but which now come to us far less formally. You can drop us a note of anything you would like to pin on the board here along with any more traditional Community Notices we receive.

Elaine

Power Outages
This may be of interest to readers with electrically ignited gas fires, who like us cannot light the appliance without electrical power. With the recent power cuts and winter coming on we have found the perfect solution in a Smart Car Power Inverter... and it’s not too technical. Sold at the Warehouse Extra store in Blenheim Road the unit plugs into your car cigarette lighter. It has a standard three pin connection which using your extension power lead allows it to supply your gas fire instead of the mains connection. Plug in, start the car and light the gas fire as normal but with the power source being your vehicle. Once fired up the connection can be disconnected. Absolutely wonderful, no more shivering waiting for the power to come on. Cost of the unit is $70. Hooray! Looking forward to winter. Graham & Marion Duncan

Stray Cats Eat Our Birds!
Would people ensure that if they move away they take their cat or be sure it is remaining with someone else. Some cats have moved from house to house or gone wild where they eat our birds.

Joy

It’s Dark Out There!
Now that Winter is here, please, pedestrians and cyclists, wear reflective, or at least bright clothing in order to be seen and be safe!

Jean Burford

Found Lying on Diamond Harbour Wharf!
Shame on the fisher who recently walked away leaving these fish hooks on the wharf where children play and ferry passengers come and go.
If you are fishing, please take ALL your tackle and any rubbish home when you leave. If you or your kids are using the wharf, take care—there are some careless idiots around!

Matthew

A Very Special Thank You
Rata and Ian Boyd wish to sincerely thank the group of Diamond Harbour Rugby Club committee members and friends who spent a Sunday recently helping paint a major part of their house.

We are both overwhelmed by the generosity of these people. Two wives even arrived with morning and afternoon teas, and we were delighted to provide lunch.

This just goes to show what a caring community we are residing in at Diamond Harbour. Many thanks to all involved.

Ian & Rata

Thank You
We would like to acknowledge the good work of the neighbourhood watch group who noticed the recent storm damage to our bach roof.

They contacted the volunteer fire brigade who came and tied down the roof iron and so avoided serious damage.

We were phoned in Christchurch and alerted to the situation so our sons were able to drive over and put things right.

We thank all of you who were involved, it was a credit to all our neighbours.

Helen and Don Cooper, Ranui Crescent

Put Our Mirrors Back!
I would like to emphasise the need of replacement road safety mirrors on intersections of Waipapa Ave/Marine Drive, Ranui Cres/Marine Drive and Waipapa Ave/Purau Ave.

These have been such a bonus to motorists and pedestrians in particular. I know of many, including myself, who have had near misses and I would hate to have to attend a fatality due to these mirrors missing.

I know this has been brought up at meetings with Council reps without success. I feel the more pressure the community can exert, the more likely we are to get them back.

Jean B

Let’s Fix Our Dangerous Ferry Wharf
I was horrified to hear of the elderly woman who slipped and broke her ankle when disembarking from the ferry at Diamond Harbour recently. What a way to destroy what was meant to be a Mother’s Day treat!

This however is not the first incident of its type there, and I believe we should do something about it!

I feel strongly that the treacherous slippery steps need urgent modification and that there should be access from the ferry for those in wheel chairs.

I have spoken to OSH and am considering approaching the Council.

If you are interested in supporting me in this, please contact me on 329 4629 or trishforbes@xtra.co.nz.

Trish F

Disclaimer – Views expressed in the Diamond Harbour Herald are not necessarily those of the Editor. While due care is taken to ensure the contents of the Herald are accurate the Editor and Printer cannot accept liability for omissions and errors.
OUR CHANGING COMMUNITY

Have you ever wondered just what a census tells us about our community and our nation? This chart shows the changes in the numbers of people normally resident in each of the communities of Banks Peninsula as shown by the censuses of 2001, 2006 and 2013. But this of course is just one small part of the information available via censuses. If you would like to know more, you may like to attend one of the seminars described below.

Elaine

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<td>459</td>
</tr>
<tr>
<td>597101 Little River</td>
<td>957</td>
<td>1,026</td>
<td>1,101</td>
</tr>
<tr>
<td>597102 Inland Water-Lake Ellesmere South</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>625101 Inlet-Port Lyttelton</td>
<td>15</td>
<td>15</td>
<td>-</td>
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<tr>
<td>625102 Inlets-Banks Peninsula Bays</td>
<td>3</td>
<td>3</td>
<td>3</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>324,078</strong></td>
<td><strong>348,456</strong></td>
<td><strong>341,469</strong></td>
</tr>
</tbody>
</table>

To stay informed about Neighbourhood Security, Welfare and Emergency Information ensure your inclusion on our secure database. Membership is Free for all residents and property owners on the southern side of Lyttelton Harbour. To ADD, UPDATE or REMOVE your details, to request a new group list, or for information or concerns CONTACT: Elaine Bryson (Area co-ordinator) Email: dhnshq@gmail.com Ph: 329 4512 28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971 or Ron Dubin (Deputy Co-ordinator) Ph: 329 3032

Elaine

Neighbourhood Support
Diamond Harbour

Neighbourhood Security, Welfare and Emergency Information

To ADD, UPDATE or REMOVE your details, to request a new group list, or for information or concerns

CONTACT: Elaine Bryson (Area co-ordinator)
Email: dhnshq@gmail.com Ph: 329 4512 28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971 or Ron Dubin (Deputy Co-ordinator) Ph: 329 3032

Elaine
CLASSIFIEDS

Wanted to Rent
3 bedroom house in the local area, Very keen gardener, great references, happy go lucky family, please contact Cherie on 329 4080.

Wanted to Rent
2 or 3 bedroom house until early September by DH father and adult daughter plus 2 well-behaved cats. Ph 329 4449.

Wanted to Rent
2 or more bedroom house in the local area for 6-12 months. Ph/txt 022 068 9336.

House for Rent July-August
4 bedrooms plus hut, hydrotherapy bath, fire and heatpump. New German kitchen, modern bathrooms. Ph 329 4773 or journeyessence@hotmail.com.

Short Term Rental
Unit in Waipapa Ave with 2 double bedrooms, off street parking, lots of light, freshly painted inside and out, easy care home and garden with lovely neighbours. $300/week, available immediately. Ph Robyn on 329 4694 or 022 096 5755.

Flatmate Wanted
To share expenses in stunning 2 storey house in Church Bay with amazing views. 3 bedrooms and bathroom upstairs with self-contained rumpus room and shower/toilet/laundry downstairs. Juno space heater and heat pump. Off street parking. $150 per week. Phone Claire 021 0837 6957.

June Winter Warmers
Gorgeous Ozone Sauna with delectable body work and free oneness blessing for locals. 2 hours $95. Ph 329 4773 or journeyessence@hotmail.com.

Cartons for free
Cardboard cartons to go to a good home. All sizes. Please phone Karen 329 3006.

Wine for sale
Various brands, 4Gb memory, 15.6" screens (one 10"), 1-4 years old, in good condition with clean factory installs of Windows 7 (one Windows 8). Anti-virus/anti malware and other core software. $200-$400. Phone 329 3032.

Windows 7 & Linux PCs
PC 4-5 years old, in good condition with clean factory install of Windows 7. Anti-virus/anti malware and other core software. $200. PC with fresh Linux install $60. Phone 329 3032.

New PCs
Replace that old Windows XP computer with a new one running Windows 7. Keep your old LCD, mouse and keyboard. System built to your requirements from around $675. Phone 329 3032.

Piano for sale
Antique Renaldi piano. As new, beautiful looking, beautiful tone. $1500. Ph 329 4733.

After School Childcare

Casual Gardener Required
Monthly up to 4 hours. Flexible time. Removal of branches, some chainsaw work, weedeating, a little DIY on various tasks, wood chopping, general tidy duties. Working on a hill property. Church Bay. Phone 329 3008 or 021 677 619.

Hairdressing
Experienced hairdresser and Reiki practitioner working from home. If you have mobility problems, I can come to you. Ph 329 4224 or 021 152 3937 or email indigo-barb@hotmail.com.

Dressmaker
Specializing in dance costumes, wedding gowns and formal/prom dresses. Happy to work on any sewing project large or small! 329 3166 or livingdolls@thedollfactory.co.nz.

Services offered
Handyman home services are offered on the sunny side of the harbour. Home maintenance, building repairs, painting, fencing and some plumbing as well as section tidying. Affordable rates. Ph Jim 328 8274 or 027 226 4548.

Outdoor Fitness
Outdoor Boot Camp Fitness with Mike at 6:30am Mon, Wed and Fri, all year round. Ph 329 4647 or mikecatton@mac.com.

Boxing Circuit Classes
Monday 6.30pm and Wed 7pm. Commercial gym open 7 days. 329 9525 or 027 773 0036 or baysidefit@gmail.com.

Handyman Home Services
Handyman Home Services are offered on the sunny side of the harbour. Home maintenance, building repairs, painting, fencing and some plumbing as well as section tidying. Affordable rates.

Outdoor Fitness
Outdoor Boot Camp Fitness with Mike at 6:30am Mon, Wed and Fri, all year round. Ph 329 4647 or mikecatton@mac.com.

Doggie Bootcamps
We pick up your pet from home in the morning, take them out for the day and drop them back in the afternoon. We spend quality time together at a safe place such as a dog park, beach or forest. Ph 027 773 0036.
**Church Notices**

**Catholic Masses**
*Every Sunday at 5.30 pm*
- First Sunday of month: Mass at DH Community Church
- Second, Fourth, and Fifth Sunday: SCAP* service (which fulfills Sunday Obligation)
- Third Sunday of month: Mass at Lyttelton (21 Exeter St) *Sunday Celebration in the Absence of a Priest*

**Anglican – Methodist – Presbyterian Services**
*Sundays at 10.30am and Wednesdays at 9am*

**Prayer for the Parish**
Weekdays at 8:15am in the Church Library. This is to specifically pray for God’s presence in all our lives and His Spirit to move in our Parish. All are welcome. If you are unable to join us, please pray wherever you are.

**Quiz Night**
Thank you to the local community for their attendance at the recent Parish Quiz Night. It was a capacity crowd and everyone enjoyed a challenging and fun night together. Slightly over $2200 was raised for the promising Youth idea being considered for the area.

**Soup Lunches**
Winter. Feeling shut in and want a warm lunch with friends you haven’t met yet?
Come for a soup lunch at 12.15pm at St Andrews Church Hall. Upcoming dates: June 11 and then fortnightly through to the end of August.

**Monday Night Study Group**
Meets Monday fortnightly in a warm and friendly Charteris Bay home. The upcoming meeting dates are June 2, 16 & 30; July 14 & 28. For further details, please contact Bruce Beckett on 329 4422.

**Baby & Toddlers Group**
Fortnightly on a Tuesday, a coffee and support group for parents and caregivers of babies and infants aged 0-36 months in the Church Hall from 10-12 noon.
Please contact Wendy on 329 4483 or 021 154 1434 for further information. Upcoming dates: June 3 & 17; July 1, 15 & 29.

**City Shopping Van**
The van runs on alternate Wednesdays. Upcoming dates are June 4 & 18; July 2, 16 & 30. Pick ups are around 9am and returning around 1:30pm. Bookings are essential so please call Nicky on 329 4341 or Wendy on 329 4483. A $10 contribution towards fuel costs is invited.

**Herald Calendar**

**Baby & Toddlers**
Tues, 9.30am, Lounge at St Andrews Church Hall. Upcoming dates: June 21 & 28. For more information, please contact Wendy on 329 4410.

**City Singers**
Meet every Thursday at 7.30pm for a warm and friendly Evening. Select will be held on Wednesday, June 17. For further details, please contact Ross Knight on 329 4202.

**City Mission Basket**
The church has a basket for non-perishable food and toiletries and personal hygiene items which are distributed by the City Mission and St Vincent de Paul.

**Gamma Home Group**
Meets Monday weekly in a warm and friendly Diamond Harbour home. For further details, please contact Ross Fountain on 329 4202.

**Mount Herbert Parish Newsletter**
Please email contributions for the next issue to mt.herbertparish@xtra.co.nz. You can read the current issue of the newsletter and back copies at: www.diamondharbour.info/church-notices.aspx

**Mount Herbert Parish Website**
For further parish news and information visit http://mountherbertparish.wordpress.com

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**Next Course**

**BEGINNERS YOGA**

**Asana/Postures – Energy/Breathwork**

**Meditation - Mindfulness – Focus – Relaxation**

12 June – 17 July (6-wks); Thursdays 7-8.45pm. Cost $70

**Diamond Harbour Play Centre, Scout Room**

**Monday Yoga Classes 7-8.30pm**

Discounted cost $150 for 10-classes or $18/class

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E. johnlburt17@hotmail.com

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