JACKANORY WENT TO THE DIAMOND HARBOUR FIRE SERVICE OPEN DAY

Jackanory Clark went along to the Diamond Harbour Fire Service Open Day with his Dad to see the new fire-engine. Jackanory loves going to the Fire Station. He wore his favourite FIRE DEPT jacket (R). There were lots of people there and heaps of things to look at – the Police, St John, Civil Defence and Neighbourhood Support all had stuff there.

Jackanory got a hot sausage from the ladies at the barbeque. It tasted great and warmed him up because it was a really cold day.

Then he got a red lollipop from the table in the tent and a neat poster of the new fire-engine too.

The new engine’s got flashing lights and a siren but it doesn’t look like a real fire-engine.

Jackanory’s Dad said it is an FMV. That stands for Fire Medical Vehicle and the firemen can use it to help sick people as well as to put out fires. The firefighting hoses and stuff are in lockers on the outside. There’s even BA there – that’s breathing apparatus so the firemen can fight really smoky and smelly fires. The inside is where the sick people can lie down.

Jackanory got to sit in one of the seats which were pretty cool. They fold up so there’s enough room for people to help the sick person and then they twist around so you can sit and look at the TV to see where you are going.

The FMV is very special because it is the only one in the whole world and Diamond Harbour firemen are the first ones to test it. Later they will give it to the Little River firemen to try then some firemen in the North Island will have a turn too.

Contd over page
JACKANORY AT THE FIRE STATION—contd

Just when Jackanory was looking at the shiny Police and Ambulance cars, the fire siren suddenly went off really loud and some of the firefighters had to rush off to put out a real fire. They took the old fire-engine so they wouldn’t get the new one dirty. It was good that the fire was only small and they soon came back.

Inside the fire station the St John officers had part of a big doll called Manakin. Fireman Bob pretended that Manakin was his Dad and that he was really sick, but Jackanory’s Dad is a firefighter so he and his friends knew exactly what to do.

Outside, there was a truck with a caravan. It had Transalpine Fire Region Education & Prevention Team painted on it. Fireman Owen opened up the side of the caravan so everyone could see in. It had a kitchen and a little room where you could sit and watch the rugby on TV while your dinner was cooking. There was a burning candle on the windowsill and Jackanory thought that was a bit dangerous as it was too close to the curtains.

One of the firemen thought it was a silly place to have it too, and he told everyone they should all have smoke alarms in their houses.

Then Fireman Owen showed what happens if you forget to watch what’s cooking on the stove. Some oil got so hot there was fire coming out of the pot, so Fireman Owen showed everyone how to carefully put the lid on to keep the fire in, but the fire was still there when he took the lid off again. He said the oil would keep burning like that for at least an hour and if it happens in your house you should call 111 and get the fire-engine.

Next another fireman put some water in the pot to try to put the fire out. But it just made the fire much worse – it was really scary! Jackanory decided he would definitely always remember never to put water on burning oil!

At the end, Fire Chief Don thanked everyone who had made all the displays and all the people who had come to look as well.

Fire Chief Don also said Diamond Harbour needed more volunteer firefighters. He asked if anyone there would like to join.

Jackanory desperately wanted to jump up and down and shout I do! I do! But he knows that you have to be grown up to be a firefighter, because it is a very important job.

Jackanory and his Dad and everyone else thought the Open Day had been great. And then it was time to go home.

Elaine
GET PLANTING AT ORTON BRADLEY—AND ELSEWHERE!

Planting Day at Orton Bradley Park
Sunday August 3 at 10am

Trees For Canterbury is planting over 400 native plants at Orton Bradley Park as part of their continuing community re-vegetation and biodiversity enhancement project, part of an ongoing partnership between the community, Trees for Canterbury and the Orton Bradley Park Board.

The planting will start in an area near to the main buildings. Park by the historic school house, where you will be directed to the planting areas.
Come and make a day of it. There is plenty to see and do in the Park. There are excellent walks to wonderful collections of mature trees, picnic areas and a children’s playground. If a more sedate day is needed, there are the wonderfully restored buildings and displays of old machinery, a working water wheel installed in 1887 and used to generate electricity from 1901.
Orton Bradley died in 1943 leaving the Park for the benefit and enjoyment of the people. It is to him we owe the beauty and splendour of over 50 years of planting many varieties of trees, the legacy of which we still see today. Come and contribute to your grandchildren’s enjoyment.
Bring: Spade, picnic lunch, and lots of family and friends.

For further information or to arrange photos contact:
- Trees For Canterbury on 982 1028 or info@treesforcanterbury.org.nz
- Ian Luxford at Orton Bradley Park on 329 4730 or 027 242 9300 or ortonbradley@xtra.co.nz.

Trees For Canterbury was established to meet the Green Effect Trust’s objectives of Employ - Educate – Regenerate.

Native Plants Still Need Homes

Trees for Canterbury wants to give away another 5000 native plants, which will see the number of native plants planted or donated to the community exceed 813,000.
TFC Manager, Steve Bush says, We hope that it will be of assistance to as many groups as possible. The community give-away program is open to community organisations so they can obtain NZ native plants for their school and/or community project. This is for Schools, Preschools, Community groups, Church groups, or projects on land with public access, etc. If it is community based we would like to assist.

To apply, write a letter following these simple guidelines:
* Include all details of the group, a contact person and phone number.
* Applications must be received before August 31.
* Advise us of needs, such as large or low growing shrubs or trees or perhaps ground-covers.
* Number of plants and conditions (eg full sun or shade, wet or dry).
* A plant list may be included.
* Post applications to: Trees For Canterbury, PO Box 19-883, Christchurch 8241.
* Any inquiries should be directed to Steve or Tracey on 982 1028 or at the above address.

Trees for Canterbury was established as the vehicle to meet the Green Effect Trust’s objectives of:
* Employ – establishing a sense of involvement in the community for disadvantaged people (physically, intellectually and long term unemployed) and providing an environment of acceptance as well as support and training for self-development – installing self esteem and work habit.
* Educate – working with educational institutions, providing assistance in the teaching of environmental awareness.
* Regenerate – cultivating native plants for community planting’s and our own re-vegetation projects using plant material eco-sourced from local areas.

Our Charlesworth St nursery provides services for 60-80 welfare clients and produces in excess of 100,000 native plants each year. We planted and/or donated over 40,000 native plants into the community last year (and over 813,000 since 1993).
For more information contact Steve Bush, TFC Manager on 982 1028 or 027 656 9584.

That meeting:
1. Re-affirmed the original Objectives.
2. Elected a new Executive under the interim Chairmanship of Rob Watson; elected Bill Sykes (an internationally-recognised botanist, tree specialist and long-time Friend of the Park) as Patron.
4. Set the annual subscription at $20.
5. Determined to create new interests in the Association and solicit new membership.

There is much to be done even in Orton Bradley Park. Damage from recent storms to be repaired; (the earthquakes created new springs causing drainage problems); constructive tree surgery; control encroachment of noxious weeds; new plantings. A specialist team very recently undertook a survey of this work and its report was presented at the meeting. There should be some interesting working bees in the near future.
If you are interested in the resurgent Association and would like to become a member, please contact the Secretary/Treasurer, Leicester Murray at: rtwatson@xtra.co.nz or 366 2967.

John Riminton
**Playcentre News**

**Kia ora Tatou, Hello Everyone**

Playcentre has resumed following the two week break for the school holidays. There will be a continuing theme of body in motion, movement and exercise. On rainy days we are going to try out different forms of weaving, stitch and threading. If anyone with time to share would like to come down and share their skills... spinning, weaving, carpentry, mechanics, or bring along an old machine like a mixer and show the kids how to dismantle it and show them what’s inside? how does it look? We are always grateful for such input.

The children love to explore new ideas and watch something new in action. An important part of playcentre is sharing the joy and wonder of the world around us, in particular our Diamond Harbour environment.

Children of all ages 0-6 are welcome so come down, so pop in with your child(ren) and see what it’s all about.

We always have our fantastic supervisor Annya, and three parent helpers, so there is a high ratio of adults to children. It’s also a good place to meet other families in our area.

In the first week of term three it’s Maori Language week, so we will be popping over for the Library’s special storytime on the Thursday. As part of the long term commitment to biculturalism, playcentre encourages families to use Te Reo Maori as much as possible. We hope to use the week as an intensive time to build on what we already do and carry on throughout the term. We aim to complete each child’s Mihi (introduction) in Te Reo Maori and display them at the centre by the end of this term.

**Rippas Rock for Diamond Harbour Rugby Club**

Diamond Harbour’s two U7s rugby teams excelled in the recent round of the Ellesmere Rugby Rippa Tournament, finishing first and second in their section which included ten other teams mainly from the big clubs of Waihora, Rolleston and Prebbleton.

Diamond Harbour U7s Blue topped the section, with the Whites storming it at number two.

Coach Magnum Tuipulotu says, *I am super proud of our DHRFC Rippa teams. DH Blue is really understanding the game and I love watching them have fun out there every Saturday.*

Left; Jamie Neilson is ready to go.

Below: Scarlet Tuipulotu following in the footsteps of her cousin, All Black Patrick.

Bottom left: Tashi Sherpa is a try scoring machine.

**Learn to Sew**

Ever wanted to know how to sew like the experts, adapt patterns or draft your own, make clothes you actually want to wear?

**Miriam can help you!**

One-on-one or small group classes for adults and kids from 8 yrs up.

Choose your own garment to make in class.

Miriam has been designing clothes, patternmaking and sewing garments for over ten years including 3 years tutoring at Hagley School of Fashion for 3 years and would love to share her passion for sewing with you.

For more info please contact Miriam 033299342 or 0279614517

Lastly, if anyone has a metal sink to donate, plus some guttering, pipes and taps, we would love to have them. We are planning an outdoor water playspace for the children to make discoveries.

If you would like the chance to be a big part of your child’s development; session times are Mondays, Wednesdays and Thursdays 9.15-11.45am. Phone 329 4515 or email diamondharbourpc@gmail.com.

Hei konei ra, Bye for now.

Annabelle Wear and Annya Boyd

Finn Wright-Stow being a caring helper with Emily Boyd at Kai time
THE ECO GARDENER'S PATCH

Time to sort those seeds

In August the home gardener’s fancy turns to seed sowing. The well-organised go straight to their neat store of alphabetically-organised seed packets and jars (which are also protected from mice, insects, heat, moisture and light) identify the ones that need replenishing, make a shopping list, and then prepare seed trays or punnets for the ones they can start sowing now.

The rest of us… well, I’m somewhere in between properly organised, as above, and not as organised as I would like to be. (Mice used to snack on my seeds, before I learned to keep the packets in old cake tins and metal bread bins.)

However, by the end of August I have usually got the glasshouse bench covered in labelled punnets and pots, and the seeds for summer crops tucked into them.

What can/should be sown indoors now?

Everything that you will want to get away to a good start before you plant it out in the garden between late September and late October. This includes tomatoes, zucchini, pumpkins, cucumbers, sweetcorn, cabbages, cauliflowers, broccoli, celery, lettuce, silverbeet – anything that will grow faster once planted if it gets a head start by being kept warm and sheltered when sown and has a chance to grow at least 3 or 4 true leaves before it is planted out.

Root and bulb crops (beetroot, onions, garlic, carrots) are not usually sown indoors. They are fiddly to transplant, and there is usually no advantage in doing so. With carrots it is a disadvantage, as they dislike being transplanted. Peas and beans are also better sown outdoors as soon as the soil is warm enough (now is OK for peas; wait till September for beans).

Indoors doesn’t have to be a glasshouse – any warm place in the house is good, and in the past I have made improvised plastic houses with sheets of plastic leaned against a north-facing wall. Depending on the size and type of seed (and how well they are cared for) the seedlings will have emerged within 2-3 weeks, and the larger ones that benefit from potting on (tomatoes, zucchini, pumpkins) will be ready for their temporary accommodation in 4 weeks.

For what to do then see my blog post: www.christinedann.org/2012/09/how-to-pot-up-seedlings

Christine

RECIPE

Winter Soup

Winter is not yet over and with a lovely large kale (and not much else) surviving the flooding in the garden and cold temperatures, I have chosen a soup named Caldo Verde, a simple hearty Portuguese green soup… ideal for those cold nights.

Ingredients

450g floury potatoes (maybe from the scouts fundraiser) peeled and cubed
450g kale, cut in strips ¼ cup olive oil
1 cup chopped onion 2 cloves of chopped garlic
1l stock 6 ounces chorizo sausage, thinly sliced (vegetarians may omit)
2 tsp of caraway (important for good digestion)
Salt and black pepper

Method

In a medium soup pot, heat 3 tablespoons of olive oil, add onions and garlic and cook for 2 to 3 minutes until they turn glassy. Add potatoes and stock. Cover and boil gently over a medium heat for 20 minutes.

In a skillet cook sausage until most of the fat is rendered out then drain. Add sausage and caraway to the soup, then add the kale. Simmer for 5 minutes. Add the remaining olive oil and season. Ladle into bowls and serve.

Bon apetite!

Franziska

FROM THE WRITERS’ GROUP

…… Well, sort of. This wee gem comes to us from Sydney, home of 12 years-old Jeremy Riminton, grandson of guess who?

Antarctica

The penguin is a weird bird,
At least that’s what I’ve heard.
It swims, it waddles but never flies,
Where other birds do otherwise.

Still I guess the penguin does its best,
Raising a child without a nest.

It’s not exactly paradise
Living on a slab of ice.

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Do you need an Anti-malware App on your Phone or Tablet?

In the May column I wrote that smartphones (and tablets) are vulnerable to malware, and that as they are prone to being lost or stolen, precautions should be taken to protect crucial information they contain such as banking details, email, etc. Android Device Manager (ADM) and Lookout (both free) can help protect your private information should you lose your device.

There has recently been much debate in the technical media as to whether smartphones (and tablets) running Android (which the vast majority of them do) are in fact vulnerable to malware. Many of the protagonists have a commercial interest in the matter – for example Norton, McAfee and the other companies attempting to scare you into buying their anti-malware software.

Apple (whose iPhones and iPads are losing ground to Android devices) have claimed that the vast majority of mobile malware is directed at Android.

Google (Android’s creator) countered by pointing out that virtually none of that malware actually makes it into the Google Play Store, which is filtered by Google’s rigorous vetting process. The vast majority of Android users only download Apps from Google Play Store (in fact it takes a little technical expertise to get them any other way).

Contrast this to the far riskier scenario of Windows users clicking on links on random web pages and downloading software which has not been checked or verified by anyone!

Recently, Google’s chief security engineer for Android said, Do I think the average user on Android needs to install antivirus apps? Absolutely not!

So where does this leave us? I’m inclined to believe Google – they should know and they certainly have no vested interest in Android users being exposed to malware – whereas the motivation of the anti-malware industry and Apple is somewhat obvious.

I would certainly not pay for anti-malware. If you are tempted to install one of the free Apps, I recommend Lookout (which also offers protection against loss or theft).

But be aware that antimalware software works the same way as (and duplicates) Google’s built-in verification software and will have a negative effect on performance and battery life.

In order to be protected by Google’s built-in verification software (which is part of Google Play Services) it must be enabled (which it is by default). To check, go to Settings then Security and make sure that Verify Apps is ticked.

Note that the above comments about Android’s built-in security apply only to versions 4 and later. If your device is more than a couple of years old it may have an earlier version, about which Google has issued security warnings. I would not recommend using one of these older devices for banking (even with anti-malware software installed).

To check your Android version number, go to Settings, scroll down to SYSTEM and click on About Phone (or Tablet or Device).

Ron

Computer Help — When and where you need it

House calls, phone and remote assistance

Malware (viruses, trojans and browser/search hijacks) removed — free antimalware installed

Slow computer? Get it cleaned and speeded up

Data transferred from your old to new computer

Hate Windows 8? I can tame it!

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Still running risky Windows XP? Upgrade now!

Some old PC are upgradable to Windows 7

Good quality laptops (1-5 years old) with a fresh install of Windows Vista, 7 or 8: $100-$400

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To find the website with all the up-to-date local community information remember to put .info on the end — and bookmark us!

www.diamondharbour.info

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To REGISTER Adrian 022 1096681 or 329 3395 Email
diamondyoga@gmail.com

* Yoga Aotearoa IYTA Teachers Diploma; > 10yrs teaching experience
VET-SPOT

Internal Parasites of Dogs and Cats

Broadly speaking, the worms that our pets carry can be divided into 2 groups, roundworms and tapeworms. The roundworms can be further grouped into large roundworms (ascarids), hookworms and whipworms. As with many other conditions, puppies and kittens are most susceptible to worms. They commonly become infected during pregnancy through larvae crossing the placenta, or during lactation through larvae being ingested via the mother’s milk. For this reason it is necessary to deworm the pregnant mother about 10 to 14 days before birth, even if she has been regularly dewormed prior to that. This is because Ascarid larvae can lie dormant in cysts in the mother’s muscles where dewormers can’t reach them, and they are released into the bloodstream under the influence of pregnancy hormones. Ascarids are long spaghetti like worms, and can obstruct the guts of young pups causing death, or anaemia. They also compete for nutrients in the food, causing wormy pups to have a pot bellied appearance.

Pups should be dewormed every 2 weeks from 6 weeks to 3 months (or from 2 weeks if the mother wasn’t dewormed just before the birth).

Adult dogs and cats should be dewormed every 3 to 6 months, with the exception of working dogs being fed farm kill, who need to be treated with a tape wormer each month in between the broad-spectrum dewormers. We no longer have a compulsory hydatid scheme in New Zealand for farm dogs, but by deworming regularly and freezing farm killed mutton prior to feeding it to the dogs we can control hydatids and sheep measles. These are tapeworms that can cause serious disease in humans. Some good news for cat owners whose pets can be notoriously hard to pill, and unfortunately cat wormers are bioler due to the praziquantel (the ingredient that kills tape worms): there are spot on dewormers available like Advocate and Revolution which kill roundworms and fleas, also Profender which is broad spectrum. There is also a lovely product called Broadline – a spot on that kills fleas and is an all-wormer.

Just so you know your cat is not deliberately being difficult with the oral wormers, they taste a little like antimalarial tablets, which explains the odd bit of frothing at the mouth! Also remember if you see tapeworm segments in your dog or cat’s faeces or around the anus (they look like white cucumber seeds and are often mobile) not only should you use a tapewormer, but also treat for fleas since this is where they pick up the infection. In this case fleas act as the intermediate hosts.

I’d like to end by looking at some of the diseases that can be passed on to us by worms in our pets. These should motivate us to keep them free of parasites in order to protect our family and ourselves. Besides becoming infested with adult worms in our guts, when we act as final hosts, a gross enough concept, far more serious is when we act as intermediate host for the larval stages. Cutaneous larval migrans affects especially children where hookworm larvae penetrate the skin and burrow around causing red, itchy tracts.

The easiest place for them to get this is the sandpit if kitty uses it as a litter box! Visceral larval migrans is when ascarid larvae burrow through various tissues including the eye or the liver. Tapeworm larvae can cause massive cysts in our liver or lungs (hydatids) or even brains (Taenia spp) causing convulsions or death. Please let us know if you’d like to sign up for our mailout parasite programme for worms and/or fleas. That way you won’t have to remember when they should be treated. Also deworm yourselves and your family occasionally if you own pets.

Paul
CHARACTER CROSSWORDS

July Solution

CLUES

Across
1 Britain entered this on 4 August 1914 (5,3,3)
9 Working incorrectly (14)
11 In a frenzy (4)
12 Magnificent (5)
13 Impish enjoyment (4)
16 Replied (8)
17 Worn away (6)
18 Flood (6)
20 Venerable (6)
22 Related to one country (8)
25 Notice (4)
26 Last (5)
27 Pull (4)
30 Related to weather (14)
31 Speaking only one language (11)

Down
2 Speakers (7)
3 Raise (4)
4 Mud House, Pegasus Bay... (8)
5 Light-sensitive inner surface of the eye (6)
6 Midday (4)
7 Cultivated (6)
8 Monster (4)
10 Canal opened August 191 (6)
14 Four-footed animal (5)
15 Weak (5)
18 Flood (6)
19 Tubular pasta (8)
21 Spectres (6)
23 Blissful state (7)
24 Japanese robe (6)
25 Amounts (4)
28 Single (4)
29 Circular band (4)
LIVING WELL

What Makes Relationships Work?

Relationship researcher John Gottman has been studying relationships for so long that he can watch 5 minutes of interaction between a couple and tell you with over 95% accuracy whether or not that couple will stay together. Moreover, if he predicts that they will break up, he can tell you with over 80% accuracy in what year.

Years ago, after studying thousands of hours of videotape of couples interacting in his love lab, Gottman realised he had discovered the factors that caused relationships to break up. Excited about this, he reasoned that if he could then stop couples from doing those things, he could prevent them from breaking up. He therefore started working with couples that he could see were in danger and teaching them the skills they needed in order to not do the things that caused breakups. Following up after time though, he discovered that his interventions made no difference at all, and the relationships still ended as he’d originally predicted.

Gottman went back to the drawing board. If these are the things that cause relationships to break up, he wondered, then what is it that keeps them together? Gottman went about studying that instead, poring over footage of the couples who stayed happily together over the years, looking for the commonalities.

Gottman’s findings are outlined in his book The Seven Principles of Making Marriage Work, a great read if you want to know more. In a nutshell though, what Gottman found was this: It is not the absence of negative interactions that make relationships successful, it is the presence of positive interactions. Gottman further found that as a minimum, a ratio of five positive to one negative was needed to keep relationships going well. These positives provided a cushion for the bad times, and kept the emotional bank account of the relationship strong.

We all have patches where our relationships are great and those where they could use a bit of help, whether with our partners, our families, friends or colleagues. If we want to improve those relationships, the best thing we can do is add in some positivity. This can be in the form of small things such as making the person a cup of tea, going out for lunch together, taking a walk or having a nice weekend away together. All of these contribute positively to the emotional bank account of the relationship, making it more resilient in the face of hard times.

It’s also useful to build our positivity about that person by reminding ourselves of their best qualities and times when those qualities really shone through. We can also ensure we engage with them well, turning towards them when they are talking to us, showing an interest, supporting them when they’re upset, and laughing with them when times are good.

So, are there any relationships in your life that you’d like to improve? What positive things could you introduce into that relationship? It could be things you used to do together that have fallen by the wayside, or it could be something new. It’s worth experimenting a little to find the things that are most meaningful to both of you, as adding those things in can make your relationship stronger, happier and more resilient, now and in the future.

Robyn

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VETERINARY SERVICES

NOW IN DIAMOND HARBOUR

Vetlife will be holding weekly clinics in the Community Center from 2pm on Wednesday afternoons.
We look forward to seeing you and your pet!

Large animal calls and house calls can also be arranged.

Please phone 3251006 to book an appointment.

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What Can You Do as a Timebank Member

Often when I’m talking to people about the Timebank they say they’re not sure what they can offer. I felt the same way before I joined up but I soon realized you don’t actually have to offer something specific because you can just respond to requests as they come up. So this month I just list some of the exchanges that have occurred through the Lyttelton Timebank, including amongst Diamond Harbour members, over the month of July:

- use of items, including a car seat, colour printer
- use of a school hall for a craft group
- transportation, including collecting and delivering a door
- meals for new parents
- wood chopping
- proof reading a report
- volunteering at the Lyttelton Information Centre
- donating items to the Community Garage Sale
- help with errands and some company for someone recovering from an operation
- helping with reading and cooking at school
- helping out with the Festival of Lights
- helping out with the garage sale
- repair of a child’s scooter
- childcare
- attending a film evening

Being part of the Timebank makes you think creatively – it’s fun seeing the requests and offers that come up and being able to respond to them if you have the time and skills needed.

Want to join the Timebank? Drop in to Godley Café on (most) Wednesday mornings from 9-11 or go to www.lyttelton.net.nz/timebank to sign up.

Sarah

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NEIGHBOURHOOD WEEK

Applications for Neighbourhood Week are now open!

This year Neighbourhood Week will take place 24 October to 2 November 2014.

CCC is currently promoting Neighbourhood Week 2014. Neighbourhood Week is held each year in October and November, and is all about celebrating our community. It is dedicated to getting to know people who live close to you. It’s about bringing people together - whether it is a small get together for a few households or a larger neighbourhood gathering.

The week is an ideal opportunity to introduce yourself to your neighbours. Getting to know your neighbours can make the difference between merely occupying an address and living in a neighbourhood of friends.

As part of its support for Neighbourhood Week, your local Community Board is making small subsidies available (for reimbursement after the event upon presentation/approval of receipts).

If you are interested, or know of others who may like to apply, please visit www.ccc.govt.nz/neighbourhoodweek or phone 941 8999 for the guidelines and to access the application form, for details on how to participate and ideas for getting involved or to have an Application form and guidelines emailed or posted to you.

Application may be emailed to: neighbourhoodweek@ccc.govt.nz

Please note: Applications for a subsidy close Friday August 29 at 5pm.

Diamond Harbour Neighbourhood Support
WEATHER WATCH

Suddenly it’s Winter!

We were rather spoilt by the relatively mild weather we had this autumn. In fact it seemed as if there would be no winter, and global warming had made itself felt. However, things changed rather abruptly after the first fortnight of July. Suddenly temperatures dropped, the weather forecasters warned of the prospect of snow, and after a few tentative chilly days, it arrived. Not to the same extent, fortunately, as in some other parts of the country, for example on the Rimutaka and Desert roads.

By comparison we seem to have been quite lucky. That may be because we live at the eastern end of the Harbour, and we’ve had some benefit from the sheltering effect of the hills behind us. At the other end there was enough snow to close Dyers Pass. Both Mount Evans and Mount Herbert were snow-clad, but much of it went fairly quickly. Not because the sun came out and warmed things up, but because a slight rise in temperature resulted in rain, and some of the snow was washed off.

When I drove past last week most of it had gone, leaving only some on the cliff below the outcrop near the summit. A saying in the part of the world I came from would have it that it’s waiting for some more to come and take it away! Well, we’ll see what happens in the next few days. The forecast for the coming weekend is not altogether cheerful. Since the Herald will not come out until the end of the month you’ll be able to compare the forecast with the reality!

There have been few really heavy falls of rain, compared with what we experienced in March, but the number of rain days has been quite high, with July 22 notable for clocking up 22mm with 20mm on the 23rd.

Together with the relatively high rainfall - a total for the month of 95mm (as of July 23) - evaporation rates have been virtually non-existent, so that the ground has had little opportunity to dry out. We have had plenty of wind, which can help to dry out the ground, but not when it comes with driving rain!

Since the middle of July, we’ve been rather short of sunshine. The figures provided by The Press, derived from the Met Service values at the airport, are just a little below average - but there’s nothing for Tuesday of this week. When I started writing this, it was raining rather a lot, but as the day progressed, the clouds broke, and the afternoon got brighter and brighter. It looks as is another cold night can be expected. The forecast for coming days offers some relief, with sunshine likely on Thursday. From then on, however, there is promise of more chill, some frost and possibly snow. Ah, well, it is winter!  

Jane Soons

CHALFONT CAFÉ & BAR
WINTER OPENING HOURS

Sunday: 10am–8pm
Monday–Wednesday: 9am–4:00pm
Thursday–Saturday: 9am–late
(dinner menu served from 5:30pm till 7:30pm, reduced menu until close)
Happy hours: Thursday 5–7pm & Sunday 4–6pm

AUGUST SPECIAL
Bring along your friends and family for Chalfont Cafe’s Pasta Night: Thursdays 6–8pm
Bookings recommended on 329 4465
Choose from a selection of pastas, with garlic bread, a house beer or house wine, all for just $20 per head
Range of entrees also available

DIAMOND HARBOUR COUNTRY STORE
WINTER OPENING HOURS

Sunday: 9am–5pm
Monday–Wednesday: 8:30am–5pm
Thursday–Saturday: 8:30am–8pm
(prescriptions will be delivered on an earlier boat for pickup before 5pm)

Takeaway Fish & Chips and Burgers
5–8pm Thursday, Friday and Saturday nights

CHALFONT MERCANTILE & THE DIAMOND HARBOUR POST OFFICE
Monday - Saturday 10am–2pm
Chalfont Café, Diamond Harbour Country Store
2i Waipapa Ave Phone: 329 4465
www.chalfontcafe.co.nz

ACUPUNCTURE

- Neck/back pains
- Sports injuries
- Musculo-skeletal problems
- Insomnia & depression
- Digestive problems
- Menstrual/menopause
- Headaches, migraines

Acupuncture could help these problems

Enquiries & appointments ring
Vida Watson Ph. 329 4663
Registered acupuncturist ACC approved

Lytelton Physiotherapy
Lytelton Health Centre • 18 Oxford St • Lyttelton
Ph 03 329 6111 • Fax 03 329 8901 • Email lytteltonphys@gmail.com

A friendly team providing:
Manipulative therapy
Sports injuries
Back and neck problems
Post operative rehabilitation
Exercise programs
Pilates
Acupuncture
Massage
Small gym for rehabilitation
and for fitness programs or weight loss

Hours: Monday to Friday 8am - 7pm
Can make appointments to suit ferry times - Gold cardholders travel free
ACC Endorsed Provider
No Doctor’s referral necessary

Diamond Harbour Herald - Established 1952 Page 11 No 181 August 2014
YOU CAN COME TOO — LOCAL EVENTS AND COMMUNITY ACTIVITIES

**Community Womens Breakfast**
Saturday 23 August 8am at the Church Hall
Guest speaker: **Stephanie Hersh** who was 28 when TV cook Julia Child hired her as a PA, and food became the bond in their 16 year friendship. When Julia Child died in 2004, Stephanie moved to Christchurch, where she now teaches in a primary school and runs cookery classes.

$10 continental and cooked breakfast, talk about Stephanie’s life with the famous Julia Child and chocolate cooking demo where food cooked can be sampled.

To book please phone Anna Pickersgill-Brown 329 4876

*All profits from this breakfast will be given to the local Cancer support group.*

**Diamond Harbour Historical Assoc**
No Meeting in August

**Diamond Harbour Camera Club**
The August Camera Club meeting will be on Tuesday Aug 19 at 7.30pm in the Stage Room.

Presentation by member: Finding Photography Info on the WWW.

Everyone welcome. Visitors: $3 donation.

**Our Library**
Did you know that the Diamond Harbour Library has recent magazines? We have a few new titles that might interested you. They are free to borrow for 2 weeks, all you need is your library card (remember that it doesn’t cost anything to join the library).

Some of our magazine titles include:
- New Zealand Mountain Biker
- Wanderlust
- NZ House and Garden
- The Oldie
- Consumer
- New Scientist
- North and South
- The Shed
- Organic NZ

Have you seen Zinio? This gives Library Users access to over 200 popular downloadable digital magazines to read on their computer, tablet or smartphone.

**Next Preschool Storytime** is on Thursday August 21 at 10am. All welcome.

**An Invitation**
**Diamond Harbour/Purau Garden Club**
Invites Past Members to Afternoon Tea to celebrate our 75th Anniversary.Meeting.

1st September at 1.30pm.
in the Rugby Club rooms.

Please phone Margaret 329-4713 or Beverley 329-3363.

“Looking forward to meeting and reminiscing.”

**Diamond Harbour Playcentre**
is a Government-funded Early Childhood Education Provider run as a parent co-operative.

**Session Times:** Mon, Wed, Thur 9.15 - 12 noon.

A unique opportunity to be involved in your child’s learning. Ages: 0 - 5 years.

Phone (during session times): 329 4515;
email: diamondharbourpc@gmail.com

**Free Running Group**
Sundays at 8am. Ph 329 4647 or mikecatton@mac.com

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**The Parenting Children Course**
The Parenting Children Course is for any parents, step-parents, prospective parents or carers of children aged 0 – 10 years.

**Session topics**
- Building strong foundations
- Meeting our children’s needs
- Setting boundaries
- Teaching healthy relationships
- Our long term aim

Would you like your family life to be the best it can be?

Whatever your situation, the practical tools you learn can help you to improve and strengthen your family life. Babysitting service is available free of charge.

$10 cost for course manual.

Book your seat today as numbers are limited.

Anna Pickersgill-Brown 329 4876 or onsight@clear.net.nz

**Winter Craft Workshops**
Small, friendly, affordable classes
Book Now!

**Sausage Making Demonstration** - Learn how to make your own sausages, taste samples. Sat 9 August 2-4pm.

**Pasta Making** - Hands on experience making your own pasta & Ravioli. Sat 16 August 10am-1pm.

**Cheese Making Demonstration** - You get to take home a sample of Ricotta, Haloumi & Mozzarella cheeses. Includes tasting & a glass of wine. Sat 23 August 1-5pm.

**Class Fusion** - Design your own piece, pendant, earrings, ring options. Saturday 30 August 1-3pm.

**Nuno Felting** - Option of a scarf/bag or indie project. Beginners through to experienced. Projects to be discussed. Saturday 13 September 1-5pm.

Contact Fiona 329 0171 or littlerivercraftstation@gmail.com or pick up a brochure/rego at the Little River Craft Station.

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You Can Come Too

**Woolfun Day at Bergli**

Next Woolfun Day is Saturday August 9
Enjoy a relaxed day working with wool, with like-minded people in a small group, in a beautiful log house with wonderful views. Koha. Morning and afternoon tea provided. Bring your lunch, your woolcraft gear, and if felting, a table if possible.

Bergli B&B, 265 Charteris Bay Rd, Teddington.
Ph 329 9118.
Rowena MacGill

**Road Cycling Group**

Meets weekly in Diamond Harbour. To join a ride contact Mike on 329 4647 or mikecatton@mac.com.

**Cancer Support Group**

It’s that time of year again! Daffodil Day is on Friday August 29. We will be out and about collecting for the Cancer Society. Please support this worthy cause.

We will also be holding a raffle in the weeks leading up to Daffodil Day to raise funds for the local group.

Our annual film show will be held on Saturday the August 30 at St Andrews Church Hall. Doors open 7pm, movie starts at 7.30pm. Please come along for an entertaining evening and a glass of mulled wine. The film is *Sunshine on Leath* which is a great movie.

Joy Harding Secretary Cancer Support Group, DH

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**Another evening of song and poetry music and mirth at the Godley Café**

When: Saturday August 30
Time: 6:30 onwards
Where: The Godley Café, Diamond Harbour
($5 Cover Charge)

Join the Diamond Harbour Singers and poets David Gregory, Fiona Farrell and James Norcliffe for a warm and fun-filled end of winter dinner concert

Bookings Essential: RSVP Godley Café, 3294880

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**A1 Carriers**

Driver: Colin Craig
Deliveries Tuesdays and Thursdays
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**IN OUR HARBOUR FOR ALL REAL ESTATE AND PROPERTY MANAGEMENT ENQUIRIES**

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**Warm up your winter**

Chase away the winter blues instructions:

Indulge in a value $12 “tradies” Breakfast Wed-Fri or full cooked big breakfast on weekends

Book in to our “most talked about” **Roast Night** on Thursdays from 6.30pm – Roast & Dessert $20

Delight yourself with a bowl of scrummy home-made hot soup or try our vegan Dahl

Look forward to the summer months when your work place or social club can come to Godley Cafe for their **Xmas Function** — Enquire about our menu!

Entertain Guests at our place or yours with our **Out Catering Options**

Treat yourself to a fabulous new hand-bag, vest, hat or slippers from our original skin & fur range

Plan to come along to the **Song, Poetry, Music & Mirth Evening** on Sat August 30 – Book Now!

Cut out the voucher below for a FREE hot drink!! (conditions apply)

Godley Café open Wed-Sunday – 3294 880 or check us out on Facebook for the latest events.

GODLEY CAFE – WONDERFUL WEDNESDAY!!

BUY ONE HOT DRINK GET ONE FREE

(Surrender this voucher any Wednesday during August 2014. Not valid with any other offer.)
Meeting held Monday July 21
Hall
New heaters have been installed in the main hall and foyer. Kitchen cupboards have been mouse-proofed. The floor will be resealed in the foyer, toilets and on the stage. The spouting, guttering and some roof repairs have been repaired. Some shrubs will be moved.

SPRIG
Pete Simpson and Tracey Ower gave a successful presentation and answered questions on Getting to the Point at the Community Board Meeting on 18 June. Three resolutions to take to the Council meeting on 14 August: 1. That this document will guide future planning. 2. Consultation with the community is needed to look at a long term plan. 3. That we have a recovery case manager in order to have a contact role with CCC.

Pete, Tracey and Richard will attend this meeting. The submission time for this proposal is June 2015. Pete will create a schedule for community consultation.

Submissions
Three committee members attended a Port Lyttelton Plan workshop on 22 July. Written submissions for the Mataitai Reserve are due by 18 August. The wharf is excluded.

CCC District Plan Review phase 1 will be available for submissions in August.

General Business
Council has been contacted about fallen trees in Purau, debris on the foreshore and the area behind the bowling club and asked when these areas will be cleaned up. There are no plans for replanting as there is no funding.

The track around the point is still closed due to fallen trees. Council will be contacted and asked to complete the clearing of the coastal track to provide safe access to make it usable for people over the summer.

Overhanging vegetation and foliage on footpaths is overgrown in many areas. This impairs access and causes people to walk on the road in many cases. Council will be asked how often maintenance is provided for footpath clearing and repair.

On both occasions that graffiti was sprayed at the Diamond Harbour jetty, the offenders were caught and a quick clean up actioned. Jetty safety was discussed and it was suggested that the slippery steps could be water blasted and a handrail would provide greater safety going up and down the steps.

Meet the Candidates
A meeting will be held in the Hall at 7.30pm on Monday 25 August or Monday 1 September (date to be confirmed).

Directory
The Service Directory & Phone book is being updated.

Funding
$1,500 for the Pump Track at Orton Bradley Park was approved along with $60 for the ANZAC Day bugler.

Stoddart Cottage repairs should be completed by the end of the year.

Next meeting on Monday 18 August.

Karen

SERVICE DIRECTORY & PHONE BOOK UPDATE

Personal listing
Many of you will be aware that a team of people have been making calls checking phone numbers and addresses for our very popular directory. (A big thank you to Robin and her team for the work undertaken so far.)

Another way of keeping up to date is via the envelopes sent out with the Herald earlier in the year. If you have not been phoned or did not return the envelope indicating you wished to be listed, you have another chance to be included in the directory. You can either email or phone your details to: colyernoble@xtra.co.nz or 329 3006. Please leave a message if I am not available at the time you call.

Business listings
If you have a business what is not in the directory but you would like it be, please contact Colin McLeod on 329 4119. Cut off date is Sunday 17 August, 2014.

Karen Colyer

WANTED: A walkable ferry connection

Walkability
• is a key concept of Sustainable Urban Design
• is a good connection between the Ferry Terminal and Lyttelton Town Centre (400m = 5 minute walk to the heart of London Street)
• is direct and unrestrict access to the market, shops & services of Lyttelton Town Centre by residents of the Southern Bays
• is worth asking for in your Port Lyttelton Plan Feedback

Nancy Vance
CIVIL DEFENCE UPDATE—LONG-SERVICE MEDALS RECIPIENTS

Three members of your local Civil Defence team were presented with Long Service medals at the Civil Defence Regional Awards Ceremony held on the June 26.

Our longest serving current member (12 years) is John Lammiman who brings with him extensive knowledge of 2 way radio communication gained from a lifetime in the transport industry. He joined at a time when the group consisted of only 6 or 7 volunteers and specialises in communications.

Wendy Coles, our Sector Post Supervisor, has been a member since 2003. She joined because of her strong connection with the people in Diamond Harbour and surrounding districts and her desire to contribute to this community. She leads our group with a wonderful balance of community knowledge and humour.

John Barry also signed up in 2003. With a military background as an officer in the Air Force, John has applied his skills to the areas of administration and training. He believes in the sharing of commitment and also in the importance of a social side to add balance.

The trio were actively involved in the successful activation of the Sector Post after the 2011 earthquakes and in the transfer of the Sector Post from its former site at the primary school to the current site in the Church Hall adjacent to the Fire Brigade.

A strong link with the brigade is essential and has existed since the establishment of the local Civil Defence unit in the mid 1960’s. Under Wendy’s leadership, the Diamond Harbour Civil Defence team has grown in numbers and membership today stands at 23.

HAVE YOUR SAY ON PORT CHANGES

You may have heard about the Port Lyttelton Plan - The LPC 30 year vision for the rebuild and enhancement of the Port. The LPC are giving harbour residents the chance to get more information, ask questions and give feedback on their plans — which will affect us all.

A number of workshops are being held for businesses and community organisations. There are also a number of ways for concerned individuals to have their say:

2. You can place your comments via this link: www.portlytteltonplan.co.nz/talk-to-us/your-feedback.

GROCERIES FROM LYTTELTON?

Last month we undertook to investigate the possibility of our being able to place grocery orders with the new Lyttelton Super Value, and having them delivered to our doors for a minimal charge via the ferry and helpful locals.

While Rob, manager of Super Value Lyttelton, was keen to proceed, and Black Cat Cruises were interested, albeit a bit more doubtful of the feasibility, there has been minimal interest from local residents. Accordingly, we do not plan to take the idea any further at this time but thank those who responded to the suggestion.

Diamond Harbour Neighbourhood Support

Neighbourhood Support

Diamond Harbour

To stay informed about

Neighbourhood Security, Welfare and Emergency Information

ensure your inclusion on our secure database.

Membership is Free

for all residents and property owners on the southern side of Lyttelton Harbour

To ADD, UPDATE or REMOVE your details,
to request an new group list,
or for information or concerns

CONTACT:  Elaine Bryson (Area co-ordinator)
Email: dhnsdq@gmail.com  Phone: 329 4512
28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971
or
Ron Dubin (Deputy Co-ordinator) Ph: 329 3032

Chiropractic, Acupuncture & Nutritional Medicine

Truly integrated healthcare offered by caring practitioners with a wealth of training and over 40 years of clinical experience

Help with:
• Neck, back and joint pain
• Muscular aches and pains
• Sports injuries, headaches
• Digestive, circulatory and respiratory complaints
• Anxiety, stress, insomnia
• Food intolerances and more

Mark and Lou Warren

Thrive NZ 329 3254
6 Te Papu Crescent
Diamond Harbour

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CHURCH NOTICES

Catholic Masses
Every Sunday at 5.30 pm
First Sunday of month: Mass at DH Community Church
Second, Fourth, and Fifth Sunday: SCAP* service (which fulfills Sunday Obligation)
Third Sunday of month: Mass at Lyttelton (21 Exeter St)
*Sunday Celebration in the Absence of a Priest

Anglican – Methodist – Presbyterian Services
St Andrews Diamond Harbour
Sundays at 10.30am and Wednesdays at 9am

Prayer for the Parish
Weekdays at 8:15am in the Church Library. This is to specifically pray for God’s presence in all our lives and His Spirit to move in our Parish. All are welcome. If you are unable to join us, please pray wherever you are.

Soup Lunches
Winter. Feeling shut in and want a warm lunch with friends you haven’t met yet?
Come for a soup lunch at 12.15pm at St Andrews Church Hall. Upcoming dates: Wednesday Aug 6 and 20.

Monday Night Study Group
Meets Monday fortnightly in a warm and friendly Charteris Bay home. The upcoming meeting dates are Aug 11 & 25; Sept 8 & 22. For further details, please contact Bruce Beckett on 329 4422.

Gamma Home Group
Meets Monday weekly in a warm and friendly Diamond Harbour home. For further details, please contact Ross Fountain on 329 4202.

Baby & Toddlers Group
Fortnightly on a Tuesday, a coffee and support group for parents and caregivers of babies and infants aged 0-36 months in the Church Hall from 10-12 noon.
Please contact Wendy on 329 4483 or 021 154 1434 for further info. Upcoming dates: Aug 12 & 26; Sept 9 & 23.

City Shopping Van
The van runs on alternate Wednesdays. Upcoming dates are Aug 13 & 27; Sept 10 & 24. Pick ups are around 9am and returning around 1:30pm. Bookings are essential so please call Nicky on 329 4341 or Wendy on 329 4483. A $10 contribution towards fuel costs is invited.

City Mission Basket
The church has a basket for non-perishable food and grocery items for the City Mission. Many families are dependent on the support of agencies like the City Mission as jobs dwindle and money fails to stretch to meet basic outgoings.

Mount Herbert Parish Newsletter
Please email contributions for the next issue to mt.herbertparish@xtra.co.nz.
You can read the current issue of the newsletter and back copies at: www.diamondharbour.info/church-notices.aspx

Mount Herbert Parish Website
For further parish news and information visit:
http://mountherbertparish.wordpress.com

PROPOSAL TO CLOSE ROAD
STATE HIGHWAY 74 LYTTELTON TUNNEL

OPEN DAY - 50 YEAR CELEBRATION
Pursuant to the Transport (Vehicular Traffic Road Closure) Regulations 1965, notice is hereby given that the NZ Transport Agency, for the purpose of celebrating the Tunnel's 50th birthday and the opening of the new Tunnel Control Building propose to close the Tunnel as detailed below. The celebration will include making the Tunnel available to pedestrians and cyclists.

State Highway 74 from Port Hills Road / Tunnel Road Interchange through to Lyttelton.
- Sunday the 31 August 2014 from 9.30am to 12.30pm.
During the proposed closure there will be NO alternative route.

Colin Knaggs
Highway Manager

NZ TRANSPORT AGENCY
WAKA KOTahi

MASTER YOUR HEALTH
ACUPUNCTURE CLINIC

Therapies provided:
Acupuncture
Cupping Therapy
Massage Therapy
Acu-tonics

Also available for purchase:
100% Pure Essential Oils
Luminents and Ointments
Chinese Herbal Medicine
Vitamins and Minerals

Michelle Caw
Dip. Acupuncture NZCCM
Reg. Member NZRA
ACC Treatment Provider

Phone 329 4018
Mobile 027 339 0731

Peninsula Electrical
179 Marine Dr - Church Bay
For all your electrical requirements

John Allen ph 329 4112
or 027 4533 307
Registered Electrician

TREES TROUBLES?
YOUR PENINSULAR BASED ARBORIST
Four Seasons Tree Care
Civic, St Kilda
0800 4 SEASONS
0800 4732 7667
E: fourseasonstreecare@live.com W: fourseasonstreecare.co.nz

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CLASSIFIEDS

Wanted to Rent
A new family are immigrating to DH from the UK in the middle of September keen to rent a house in the area. If you have a 2-4 bedroom house available for rent or to buy, please contact Eddie Norgate, principal of DH School at principal@diamondharbour.school.nz to forward your details to the family.

Wanted to Rent
My wife and I have fallen in love with the sunny side of the harbour and are looking for a family home for us and our two children. Looking for our dream rental, ideally a 3 bedroom professional’s house. Ph Paul 027 232 2448.

Flat to Let

Short Term Rental
Great for earthquake repairs. Unit in Waipapa Ave with 2 double bedrooms, off street parking, lots of light, freshly painted inside and out, easy care home and garden with lovely neighbours. $300/week, available immediately. Ph Robyn on 329 4694 or 022 096 5755.

Flatmate Wanted
To share expenses in stunning 2 storey house in Church Bay with amazing views. 3 bedrooms and bathroom upstairs with self-contained rumpus room; shower/toilet/laundery downstairs. Juno space heater and heat pump. Off street parking, $150 per week. Phone Claire 021 0837 6975.

Double Bed for sale
Inner spring mattress and base with headboard. Offers please. Ph 329 3033.

Household Items wanted
Fridge/freezer, sofa, microwave and TV. Ph 329 3241 or 021 159 6482

To give away
Hoover washing machine, outdoor cacti. Ph 329 3241 or 021 159 6482

Highchair wanted
Foldup preferably and in reasonable condition. 329 3235.

Bike Rack for sale
Used, very sturdy, fits onto tow bar, can hold 4-5 bikes. $50. Ph Michelle 329 3335.

Piano for sale
Antique Renaldi piano. As new, beautiful looking, beautiful tone. $1500. Ph 329 4733.

Wanted by Orton Bradley Park
Old carpet required for weed suppression around new plantings at the Park. Can pick up. Please call 329 4730.

Walnuts from Orton Bradley Park
Proceeds go to the Park. $7.50 per kg bag. Phone 329 4062.

Orton Bradley Firewood for sale
3m3 pine delivered $195. Ready to burn next winter. All proceeds to Park maintenance. Ph 329 4730.

Windows Laptops
Various brands, 4Gb memory, 10”, 15”, 17” screens, 1-5 years old, in good condition with clean factory installs of Windows Vista, 7 and 8 (set to behave like 7), Anti-virus and other core software. $100-$440. Phone 329 3032.

New PCs
Replace that old Windows XP computer with a new one running Windows 7. Keep your old LCD, mouse and keyboard. System built to your requirements from around $675. Phone 329 3032.

Outdoor Fitness
Outdoor Boot Camp Fitness with Mike: 6:30am Mon, Wed & Fri, all year round. Ph 329 4647 or mikecattone@mac.com.

Dressmaker
Specializing in dance costumes, wedding gowns and formal/prom dresses. Happy to work on any sewing project. 329 3166 or livingdolls@thedollfactory.co.nz.

Services offered
Handyman home services are offered on the sunny side of the harbour. Home maintenance, building repairs, painting, fencing and some plumbing as well as section fiding. Affordable rates. Ph Jim 328 8274 or 027 226 4548.

Boxing Circuit Classes
Monday 6.30pm and Wed 7pm. Commercial gym open 7 days. 329 9525 or 027 773 0036 or baysidefit@gmail.com.

Doggie Bootcamps
We pick up your pet from home in the morning, take them out for the day and drop them back in the afternoon. We spend time walking on the lead individually and as part of a pack and have free time at a safe place such as a dog park, beach or forest. Ph 027 773 0036.

Herald Calendar

Art Group: Weds, 9.30am-12noon, Church Hall
Baby & Toddlers: Tue Aug 12 & 26; Sep 9 & 23. p16
Badminton: Weds, 7.30pm, Community Hall
Ballet - Harbour Basin Dance: Sat, 9.15am, Hall
Bridge Club: Weds, 7pm, Bowling Club. Ph 329 4094
Camera Club: Tue Aug 19, 7.30pm, Stage Room. P12
Cancer Support Daffodil Day: Fri Aug 29. p13
Cancer Support Movie Night: Sat Aug 30, 7.30pm. p13
Church Notices: See p16
Craft Workshops Little River: Sat Aug 9 - Sep 13. p12
DHCA: Mon Aug 18, 7.30pm, Committee Room p14
DH Phone Book Listings Cutoff: Sun Aug 17. p14
Film Society: Thurs, 7.45pm, Stage Room
Garden Club 75th: Mon Sep 1, 1.30pm, Rugby Club. p12
Harbour Singers: Weds, 7.45pm, Stage Room
Indoor Bowls: Thurs, 2pm, Community Hall
Insight Meditation: Tues, 6.30pm, 7A Whero Ave
Jazz- Harbour Basin Dance: Thurs, 4pm, Hall
Ladies Probus: Mon Aug 11, 10am, Church Hall
Library Story Time: Thu Aug 21, 10am. p12
Lytt Tunnel Closure: Sun Aug 31, 9.30am-12.30pm. p16
Mens Probus: Thu Aug 7 & Sep 4, 10am, Rugby Club
Neighbourhood Week Apps Cutoff: Fri Aug 29. p10
Parenting Course Begins: Thu Aug 28, 7.30pm. p12
Playcentre: Mon, Wed, Thu 9.15am-12noon. p4&12
Orton Bradley Planting Day: Sun Aug 3, 10am. p3
Song, poetry, music: Sat Aug 30, 6.30pm Godley Café. p13
Running Group: Suns, 8am. p12
Sea Scouts: Tues, 3.30pm
Shopping Van: Aug 13 & 27; Sep 10 & 24. p16
Soup Lunches: Wed Aug 6 and 20, Church Hall. p16
Table Tennis: Thurs, 7.30pm, Church Hall.
Tai Chi: Thu 11-12noon, Com Hall
Tennis Club: Suns, 9.30am, Waipapa Courts
Timebank Drop-in: Weds, 9am, Godley Café. p10
Toy Library: Sats 10am, Community Hall
Womens Breakfast: Sat Aug 23, 8am, Church Hall. p12
Yoga: Mon, 7pm. Ph/txt 329 3395 or 022 109 6681. p6

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